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OK!

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NEW
'CHEAT'
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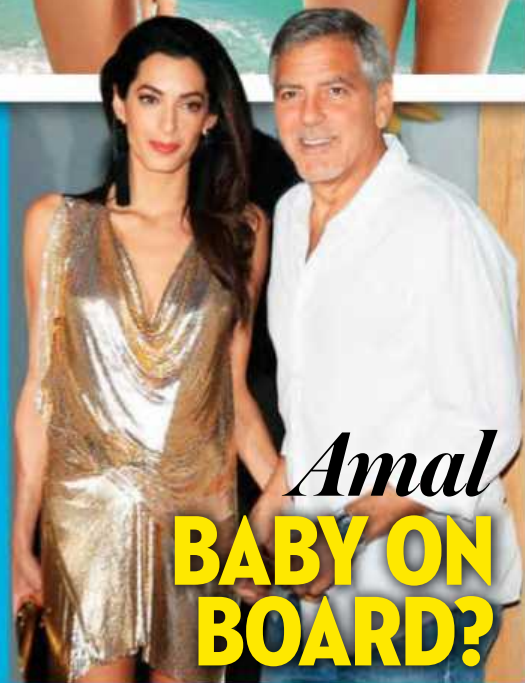
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**EXCLUSIVE
MORE
CUTE PICS
INSIDE**

*Kim's
big reveal*

**TWO NEW
BABIES!**

**THE PROUD MUM-TO-BE
SPILLS HER EXCITING
FAMILY SECRET!**



Amal
**BABY ON
BOARD?**



*Sam
busted*
**SECRET
GETAWAY**

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**RUNWAY
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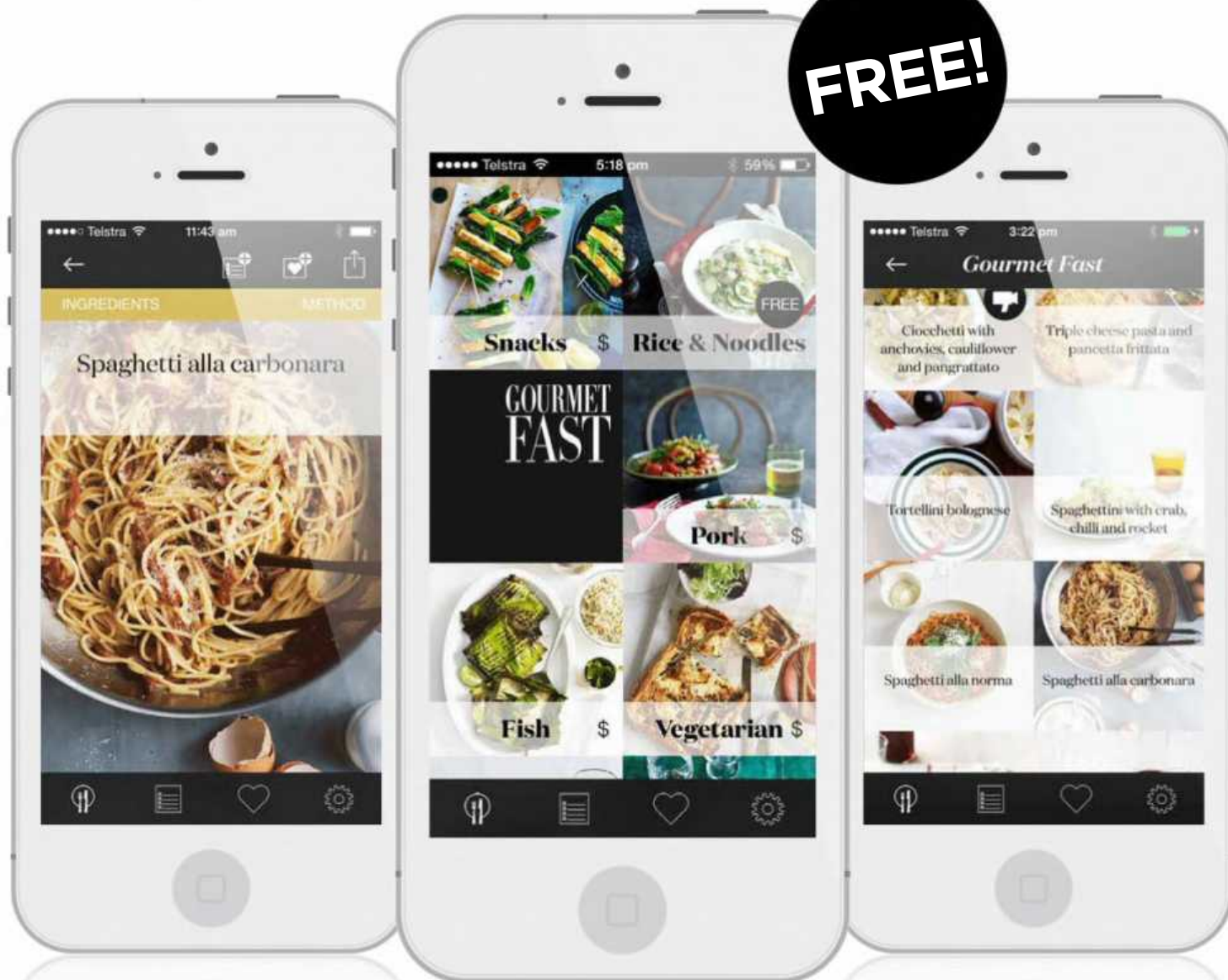
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INSIDE THIS WEEK

p40



We're never short of a treat here at the OK! office, with a steady supply of cupcakes,

ice-cream and cookies forcing us to exercise extreme willpower on a daily basis. So when it comes to shedding those extra winter kilos in time for warmer days, I think we can all agree that the easiest option is the most

attractive. Our news writer Penelope summed it up this week, when she revealed she was going home to do Miranda Kerr's 15-minute work-out - and not a minute more! If you're also looking for a pain-free way to get into shape, we have all the deets for the new 'cheat' diet sweeping Hollywood (p20), as well as the stars' top tips for getting bikini ready!

LUCY WALKER
ACTING EDITOR

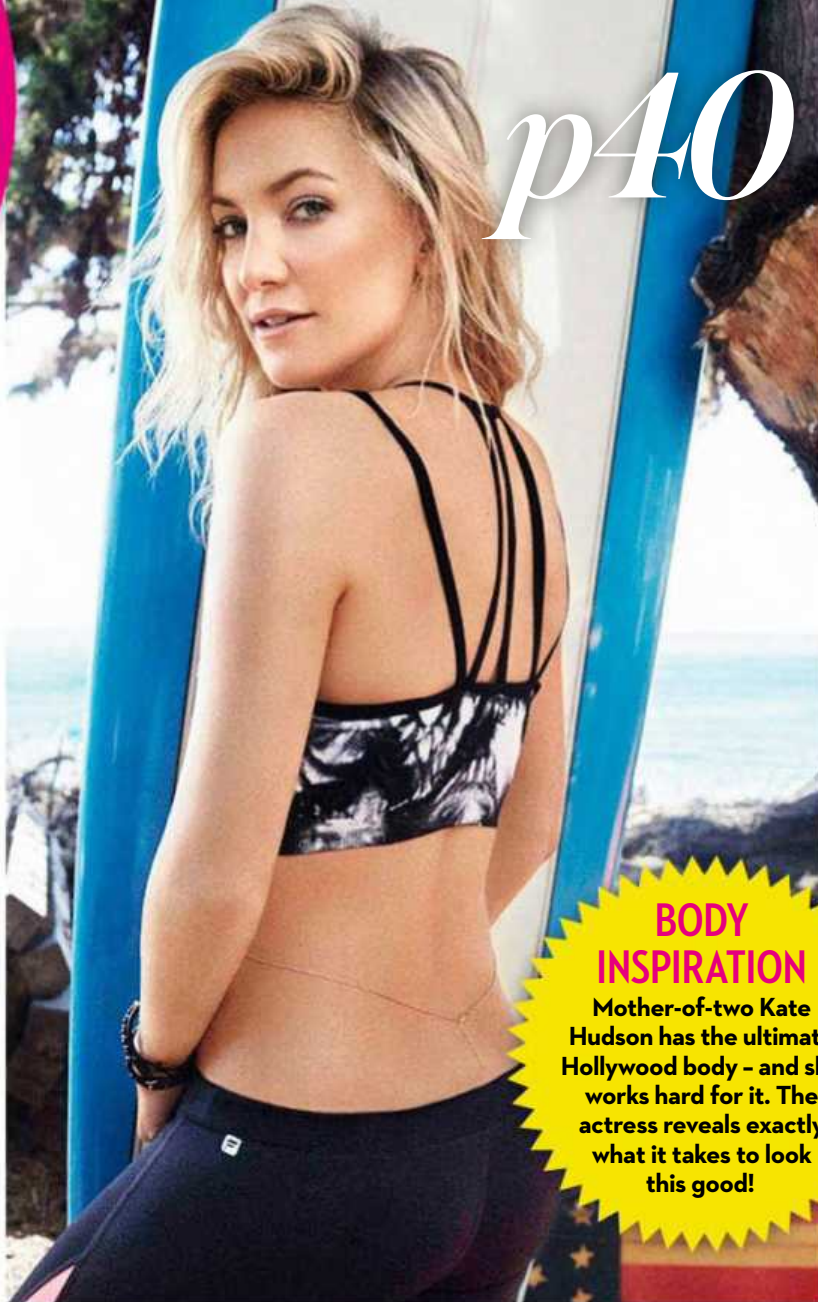
RUNWAY WEEKEND

Discover the hot new trends in fashion and beauty at Sydney's Runway Weekend on August 29-30. You'll also have the chance to meet our senior beauty editor Laura Wilson and event ambassador Samantha Jade!

RUNWAY WEEKEND
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REVLON
LOVE IS ON

HOLDEN



BODY INSPIRATION

Mother-of-two Kate Hudson has the ultimate Hollywood body - and she works hard for it. The actress reveals exactly what it takes to look this good!

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THE SCOOP

HOT OFF THE PRESS WEB NEWS
YOU NEED TO KNOW

'I love being a mum,' says Kim, who is excited about expanding her brood!




Showing Kanye what he's missing, hey Kim?



'I'm going to get even bigger & that's beautiful too,' Kim insists

SEXY AT 60

She'll be 60 in November, but Kris was matching Kim in the hot bikini bod stakes. The mum-of-six credits her strict routine of hitting the gym daily. 'I had a big butt,' she says of her younger days, 'I tried to hide it.' But now she's clearly proud of her booty!



'I try to work out as much as possible and eat right,' Kris says of her taut figure

Kim's big surprise

TWO NEW BABIES!

KIM AND KANYE ARE ALREADY PLANNING THEIR THIRD CHILD!

With her baby bump proudly on display during a much needed family break in St Barts with her two-year-old daughter North and the klan on August 18, Kim Kardashian had a very strong message to send to the world. After facing tough criticism over her fluctuating baby weight,

Kim's decided not to let the haters bother her anymore. 'I've learned to love my body at every stage,' Kim admits. 'I'm going to get bigger and that's beautiful!'

However, her growing bump isn't the only thing she has to reveal: Kim's already preparing for her third baby with husband Kanye West, 38 – and she wants it to happen sooner rather than later!



THE SCOOP

It's all about the bling! Little North accessorises her white one-piece with some (temporary) foil tattoos

The cool water was a bit of a shock to the system...



'I want a boy and another girl; I want it to start happening straightaway,' Kim reveals. 'We'd do IVF if nothing happens, but we both want to keep trying naturally.'

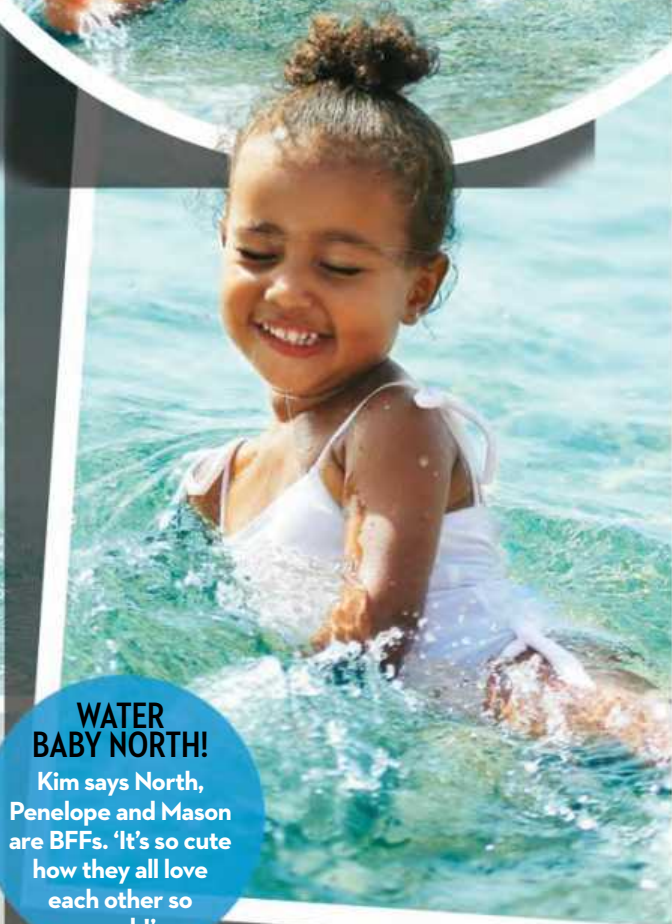
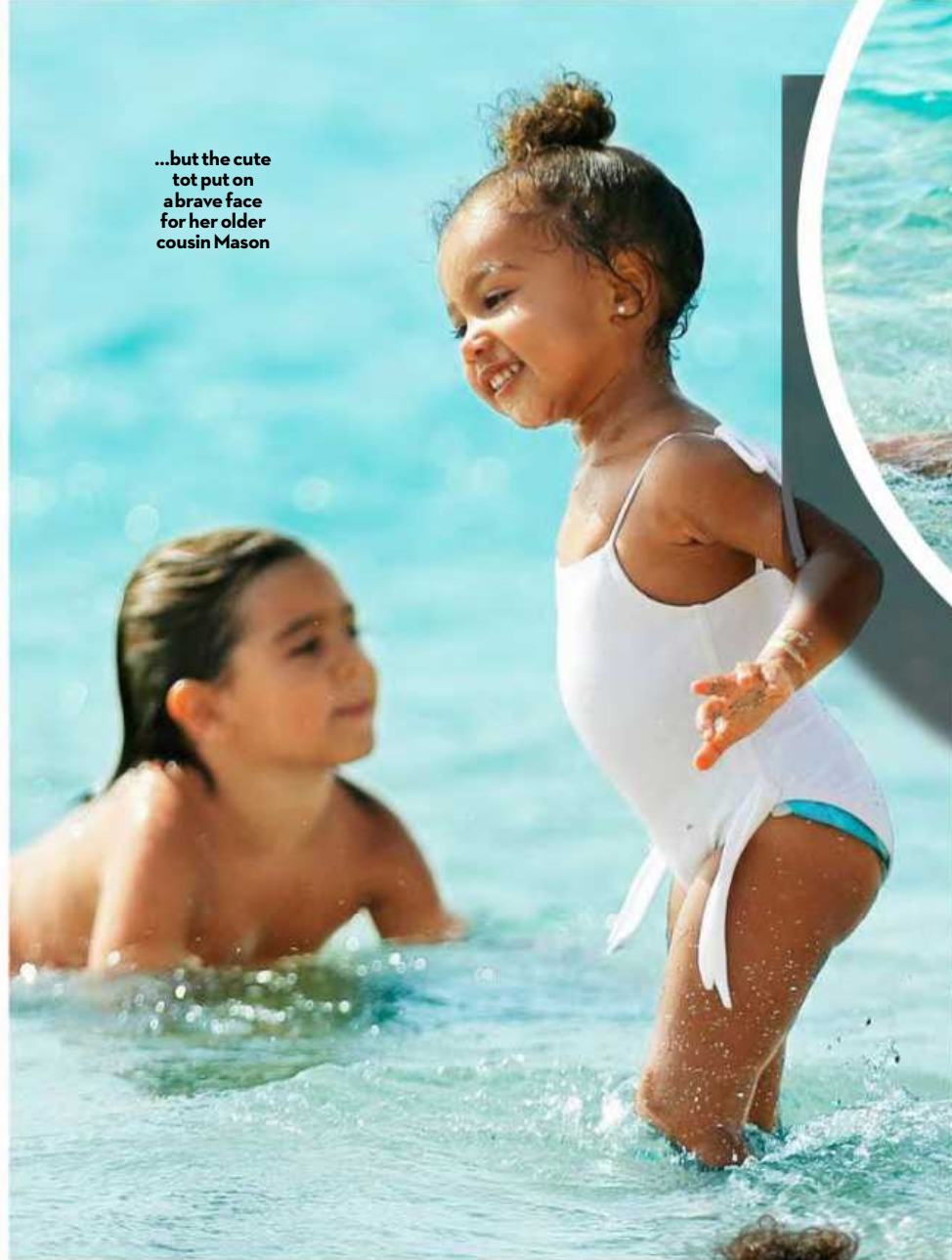
The brunette beauty, who is expecting a baby boy this time around, says she has always dreamed of 'raising a family of three children,' explaining, 'I loved being part of a huge family – and I want that for North.'

Kim is already crossing her fingers when it comes to the sex of the baby, too. 'Because this pregnancy has been easier, and I've enjoyed it, I really would love another girl as well,' she admits.

And with rumours swirling that Kim may actually be due to give birth much earlier than her announced December due date, she and Kanye aren't going to waste any time trying for baby number three!

'[Kim] is well aware that she's getting older, and that if she wants to have a bigger family, she needs to get it done,' a family friend says.

...but the cute
tot put on
a brave face
for her older
cousin Mason



WATER BABY NORTH!

Kim says North,
Penelope and Mason
are BFFs. 'It's so cute
how they all love
each other so
much!'

The reality TV star has spoken openly about her past fertility struggles, revealing that doctors have told her she may only be able to have one more baby naturally. 'One was like, "You should get a surrogate." The other one was like, "Oh, no, you'll be fine,"' she explains.

For now, Kim's holding onto the hope that she may still be able to carry a third child herself. 'This pregnancy has been a little easier, but I won't really know until later on if I can have another one,' she says. 'It depends on my delivery.'

Whatever happens, Kim isn't going to give up on her dreams of a big family. She already considered taking the adoption route, when she made plans to adopt an orphaned girl from Thailand in 2014.

The family also discussed the option of surrogacy in a recent episode of *KUWTK*, with Kris suggesting that Kim's big sister Kourtney, 36, 'would probably do it' if she ever needed her to.



'I saw Mum do
this on a photo
shoot once...'

THE SCOOP



'Hey girl, cute bikini. Where'd you get it?'



'I am just so obsessed with being a mum,' gushes Kim



Cousins and besties North and three-year-old Penelope were never far from each other's side

While Kanye has been missing during the early stages of Kim's second pregnancy, the rapper says he's now clearing his schedule to 'focus' on family, with his final concert slated for September.

And there could be one other good reason for the reality star falling pregnant sooner rather than later! 'Kim is telling Kanye that she doesn't think it makes sense to gain pregnancy weight, lose it, and then gain it all back again,' adds the Kardashian family insider. 'She's starting to think she might want to just suck it up and be big and pregnant in one long go and then lose the weight once and for all.' ●

TEXT BY AMBER BRAMBLE & PENELOPE KILBY
PHOTOGRAPHS BY SPLASH

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Event attendees
were surprised by
the notoriously
private couple's
sweet PDAs.

Amal & George

BABY ON BOARD?

**RUMOURS ARE RIFE
THAT THE COUPLE
ARE EXPECTING**

Hmm. Is that strategically placed gold mesh hiding something, Amal? George Clooney's stunning wife certainly had everyone talking when the newlyweds hit the red carpet in Ibiza for the Spanish launch of the actor's tequila company Casamigos on August 22. All signs seem to point to a baby for the pair, who will celebrate their first wedding anniversary next month.

According to reports, human rights lawyer Amal isn't taking on any more cases at the moment, and the couple plan to sell all of George's bachelor pads to make their new home in England their main base. They've certainly been making their \$22 million Berkshire mansion child-friendly, and have just been granted permission to install 18 CCTV cameras – additional security for the safety of their new arrival, perhaps?

'The building plans include a nursery,' an insider reveals of the home. 'They hope to have all the work done by Christmas.'

George, 54, and Amal, 37, looked like they had something to celebrate as they let their hair down at the liquor event over the weekend, partying with celeb pals – and Casamigos co-founders – Rande Gerber, 53, and producer Mike Meldman, along with Rande's wife Cindy Crawford, 49. Were they asking their famous friends, who have two children, for some parenting advice? The picture-perfect pair certainly couldn't keep their eyes – or hands – off each other.

Amal's father Ramzi Alamuddin even predicted at their September 27 Venice wedding last year that babies would be next. 'Now it's time for grandchildren!' he said. With three brothers and sisters, Amal comes from a large clan, so family is very important to her, as it is for George. 'I'm really close to my family,' reveals the actor.



Following their Tahitian getaway, the couple enjoyed some family time with Jack and Ella in Potts Point on August 23



Steve says Michelle will be a great mum. 'She's just a natural,' he gushes

Michelle tells OK! WE'RE NOT MARRIED

They shocked everyone with their baby news last month and fans were surprised again this week when a local publication announced that Michelle Bridges and Steve 'Commando' Willis had secretly wed in Tahiti. However, Michelle's rep tells OK! it 'isn't true', with the couple simply enjoying a tropical babymoon.

'No mum, I'm not married!' the trainer wrote on Instagram. As Michelle prepares for the arrival of her little bundle of joy in December, the trainer has been enjoying playing stepmum to Steve's children, Brianna, 17, Ella, seven, and Jack, four. On August 22, the 44-year-old *Biggest Loser* star tweeted about 'going outside to play with the kids', and has slipped into her new role with ease.

Michelle and Steve, 39, can't wait for the arrival of their little one! 'We're really looking forward to it,' says Michelle. 'It's a new chapter for us.' And Steve is already betting on the baby being a little fitness junkie, just like Mum and Dad. 'It's doing gymnastics already. It's doing back flips,' reveals the proud dad-to-be.

Michelle's contending with the requisite pregnancy cravings, but of course, hers are healthy! 'I'm loving brussel sprouts! YUM!' she admits.



WHAT A HOLIDAY!

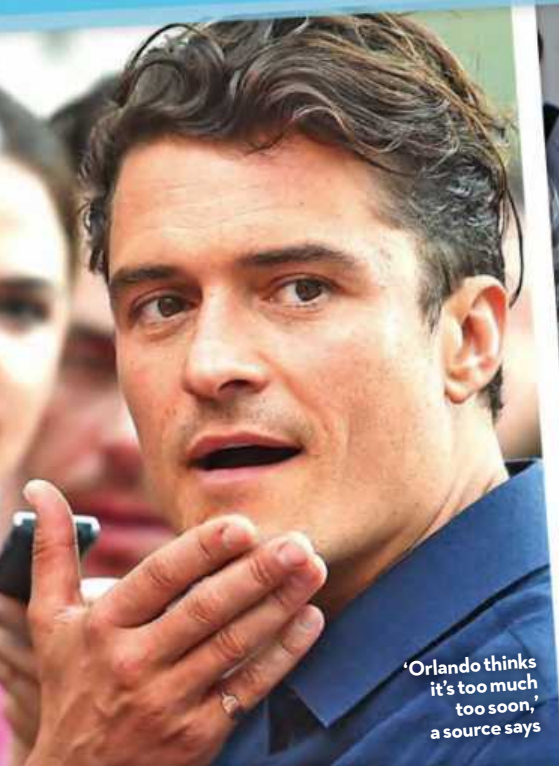
They got romantic on their 'well-earned vacation', but sadly there was no wedding!



A pal says Michelle and Steve's baby news was a 'kick in the guts' for Froso

HOW IS FROSO COPING?

It's a difficult situation for Froso, the mum of Steve's youngest kids Ella and Jack. She is said to have been left 'devastated' by her ex's baby news, and now that the couple's loved-up romance is making headlines once again, it's only making things worse.



'Orlando thinks it's too much too soon,' a source says



'Life is really short, and it's important to enjoy and embrace whatever comes your way,' says Miranda

Miranda & Orlando

BAD NEIGHBOURS

MIRANDA AND ORLANDO LIVE NEAR EACH OTHER FOR FLYNN, BUT WAS IT A MISTAKE?

Eyebrows were raised when Miranda Kerr recently revealed she lives across the street from her ex-husband Orlando Bloom. 'It was a decision as a family that we made,' explains the Aussie model, who says the 38-year-old star 'lives 30 seconds away' from her home in LA. 'We get on so well. We hang out a lot.'

'Orlando and I are still really close, so Flynn will be with his dad for a couple of days, then when I come back, he'll be with me so that his dad can travel,' she explains.

But what seemed like a good idea at first may have backfired spectacularly now that there's a new man on the scene – Miranda's billionaire boyfriend, Evan Spiegel!

'Miranda has Evan over [at] her house constantly,' a well-placed snitch reveals. 'They carry on like a little family. Orlando thinks it's too much, too soon.'

While Orlando's feathers may have been ruffled, Miranda's only concern is making sure that four-year-old Flynn is happy. 'Everything revolves around my son and his welfare,' the 32-year-old model confirms.

And Orlando may need to get used to her new beau – amid rumours a wedding could be on the cards. 'Flynn thinks of Evan as a father and loves him so much,' adds the snitch, who says the 25-year-old Snapchat founder is head over heels in love with Miranda. 'He adores her and thinks he would make an excellent stepfather for Flynn.'



THERE'S A NEW DAD IN TOWN

Orlando and Miranda put on a united front after their separation in 2013, but could Miranda's new man change that?

Nicole and her former husband Tom adopted Bella in 1995, and her brother Connor in 1993



Nicole Kidman

REACHES OUT TO BELLA

Now that Nicole Kidman is returning to London for her upcoming West End play, *Photograph 51*, it's also the perfect opportunity for her to reconnect with her adopted daughter, Isabella! Friends say the 48-year-old actress is more determined than ever to become 'best buddies' with Bella, 22, who's been studying art, hair and make-up in the UK for the past three years. 'They spent a couple of hours together,' a pal reveals. 'They have plans to see each other every few days - Nicole is so excited.'

It's 14 years since Nicole was served divorce papers by Bella's dad, Tom Cruise. In the past, Nic admitted she was disappointed that Bella and her brother Connor, now 20, had chosen to stay in LA with their father. 'They

live with Tom, which was their choice,' she said in 2010. 'I'd love them to live with us [her and husband Keith Urban], but what can you do?' Despite this, she clearly admires her two older children. 'They are generous, kind, and hard-working,' the actress said last year. 'And these are traits that I love to see in my children.'

And now that Bella's more grown up, it may be a time for mending fences. 'I love my mum,' she said in 2012. 'She's my mum. She's great. I see her sometimes and I speak to her.'

We're glad things have improved since 2007 when Bella wasn't even calling Nic Mum! 'My kids don't call me Mummy, they don't even call me Mum. They call me Nicole, which I hate and tell them off for it,' she revealed.

Sofia and Joe

SET THE DATE!

You know wedding bells are close when the invites start arriving! Friends of Sofia Vergara, 43, and Joe Manganiello, 38, are preparing for one of the biggest celebrity weddings of the year, with news that the couple have mailed out their invitations for their November nuptials.

'It's going to be crazy... we want to do something really big,' gushes Sofia, who says she can't be more excited about the ceremony - which is tipped to take place at the luxurious Breakers Palm Beach resort (right) in Florida. 'We tried to make a small [guest] list and it didn't work out.'

Pals thought to have scored an invite include Joe's *Magic Mike* co-stars Channing Tatum and Matt Bomer. Sofia's *Modern Family* castmates - including close pal Julie Bowen - are also expected to attend. 'Her family is like a party in a can,' says Julie, who couldn't be more excited. 'I'm psyched for the dress!'



'I want a wedding where the guests are going to have fun,' says Sofia



At the height of her meth addiction, Stephanie says she smoked 'probably 12 or 13 times a day'



MY BULIMIA HELL

Succumbing to Hollywood's skinny obsession, the 170cm tall star says she also developed bulimia, weighing just 47 in 2009.



The star was arrested for shoplifting in 2006

Stephanie Pratt

MY TEENAGE METH ADDICTION

She was the black sheep of *The Hills*, but Stephanie Pratt has never divulged the full depths of her troubled past - until now. The former reality star reveals she developed a debilitating meth addiction when she 'was 14 or 15' in her new memoir, *Made in Reality: From the Hills of L.A. to London's Made in Chelsea*.

'I was on the extreme level, and addiction developed instantly,' writes Steph, 29, who says she smoked 'probably four times before school, then at snack... probably 12 or 13 times a day.'

With her parents turning a blind eye, Stephanie - who is the younger sister of 32-year-old reality television star Spencer Pratt

- also received the cold shoulder from *Hills* castmate Brody Jenner, 32. 'We grew up together,' she says, but she claims Brody was 'behaving like some sort of nemesis' during season four of the series, because he felt she was getting too much airtime. 'I guess that stung his ego.'

Things finally came to a head when she woke up 'handcuffed' to a hospital bed after nearly overdosing on a deadly cocktail of pills, cocaine and whisky. 'I didn't want to be in a hospital,' she reveals, 'but once you've tried to overdose, these things are removed from being your choice.'

SHANNEN'S BREAST CANCER COURT BATTLE

Former *Beverly Hills, 90210* star Shannen Doherty is fighting her biggest battle yet, with news she has breast cancer. 'Yes, I have breast cancer, and I am currently undergoing treatment,' the 44-year-old actress confirms.

Shannen was forced to disclose her condition after court papers surfaced revealing she was suing her former business manager for allegedly allowing her medical

insurance to lapse in 2014. The *Charmed* star claims that when she re-enrolled with

her insurance provider earlier this year, a doctor's visit revealed she had 'invasive breast cancer metastatic to at least one lymph node'. She alleges she was told the cancer had spread during 2014, when she was not properly insured.

Her former management company, Tanner Mainstain Glynn & Johnson says it is 'saddened' by the news, but insists Shannen's claims are 'patently false'.

Thanking her family, friends and doctors, Shannen confirms she's staying positive. 'I am continuing to eat right, exercise and stay very positive about my life,' she says.



Scott

MOVES BACK IN!

KOURTNEY'S EX RETURNS HOME, BUT IS IT FOR GOOD?

Kourtney Kardashian has given her biggest indication yet that she's ready to forgive her cheating ex Scott Disick – with news she's allowed him back home! Scott revealed the development on August 21, when he Instagrammed a shot of their three-year-old daughter Penelope sleeping at Kourtney's Calabasas house. 'Love coming home and seeing my little girl napping and looking this cute!' he wrote.

Close friends say Kourtney, 36, hasn't welcomed him back permanently yet, but while the 32-year-old 'Lord' was only visiting, it's a clear indication tensions are thawing between the pair, who are parents to Penelope, Mason, five, and eight-month-old Reign. 'Kourtney and Scott have been spending more time together when they hand off the kids,' a pal of the couple reveals.

It's almost two months since Kourtney kicked Scott to the curb, after he was caught cavorting with fashion stylist Chloé Bartoli, 25, in Monaco. But since his return to LA, Scott is enjoying outings with his kids. He recently uploaded a video of Penelope and Mason dancing, captioning it, 'Best thing ever'.

And that could be Kourt's biggest reason for taking him back. 'She always puts her children first,' says her mum Kris Jenner, 59.

Given Scott's history, Kourt knows a reunion wouldn't be easy. She hinted at her confusion regarding the situation, writing on Twitter, 'Insanity: doing the same thing over and over again and expecting different results.'

But Scott is ready for the fight to win back his one true love. 'He is desperately trying to rebuild some trust with Kourtney, but he has a long uphill battle,' a pal says. ●

MAKING
HIMSELF
AT HOME

'Chill Time,' Scott wrote on an Insty snap, proudly showing fans that he was relaxing back at the family home.



WAS IT ALL A SHAM?

THE STAGED AFFAIR?

Is it possible that Kourt and Scott's split was faked? 'Cameras have been following Scott around since the whole cheating fiasco went down,' says a snitch. 'He's still under contract as well.'



A SPLIT IS GOOD FOR RATINGS

Kris knows too well that a split is just the thing to boost viewer numbers for *KUWTK*, after 31-year-old Khloé's drawn-out divorce from Lamar Odom.



PUBLIC APOLOGY

The Kardashians aren't secretive so it's no surprise Scott shared his regrets with the world. 'When u realize the grass isn't always greener,' he wrote while at a wedding. ➔

THE SCOOP



BEFORE

COURTENEY COX



AFTER

SURGERY SHOCK!

Is *Friends* star Courteney Cox a fibber? 'I've had some Botox in the past but I won't go under the knife,' said the star just days before debuting a very new look this week. 'Johnny [McDaid] isn't into that whole Hollywood look, so I don't feel pressure to keep looking like a 20-year-old for him,' she said of her rocker fiancé. But despite her comments, the 51-year-old's face was rather puffy as she walked the red carpet at an LA premiere.

No word on what au naturel bestie Jennifer Aniston, 46, thinks of her noticeably different appearance, but it can't be

positive. In 2014 Jen had a crack at friends who had gone under the knife, admitting, 'I think what I have been witness to is seeing women trying to stay ageless with what they are doing to themselves.' Refusing to name names, she gushed about her own filler-free face. 'I am grateful to learn from their mistakes, because I am not injecting shit into my face.' Describing her plumped-up friends as 'insecure', she went on to say that new hubby Justin Theroux would 'put a gun to my head if I touch my face in any way.' Ouch!



She's got blonde hair, blue eyes and is an actress by trade - so it sounds like Annabelle Wallis is the perfect match for Chris Martin. The Coldplay frontman, 38, who split with wife Gwyneth Paltrow in 2014, was spotted with the 30-year-old British starlet in New York just weeks after ending things with another famous blonde, Jennifer Lawrence. 'It's early days but

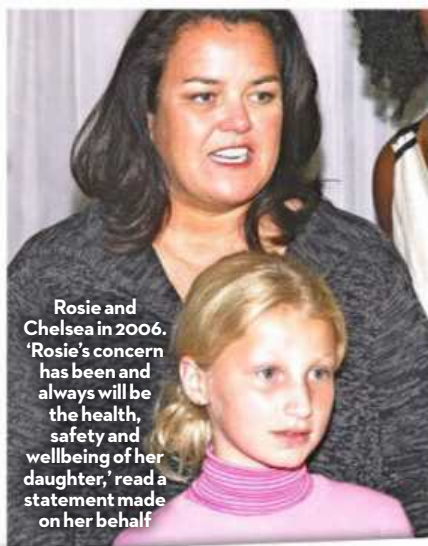
Chris has made a lot of effort to see her,' a friend says of the blossoming romance. And Chris needn't be too worried about what Gwyn, 42, has to say about the fling, after she flaunted her year-long relationship with Brad Falchuk in Italy last month. Earlier this year she responded to speculation she was 'livid' over his relationship with JLaw. 'He wouldn't be with someone who isn't great,' Gwyn said.



NOT HAPPY!

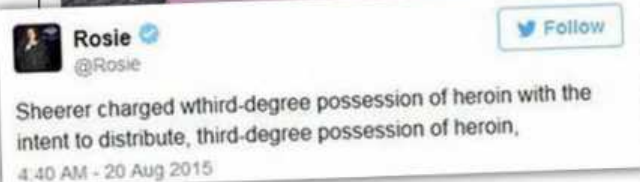
Chris's HOT NEW BLONDE!

ROSIE'S RUNAWAY CHILD



Rosie and Chelsea in 2006. 'Rosie's concern has been and always will be the health, safety and wellbeing of her daughter,' read a statement made on her behalf

Actress Rosie O'Donnell lived every parent's worst nightmare last week when her 17-year-old daughter Chelsea disappeared from their New York home. Police eventually found the runaway teen at 25-year-old convicted heroin dealer Steven Sheerer's home in New Jersey, and he has now been charged with child endangerment and distribution of obscenity to a minor. In another cruel blow, Rosie's dad passed away on Sunday. But things haven't been great between the chat show host and her adopted daughter for a while. In March, Chelsea's biological mother Deanna Micoley claimed the teen was unhappy living with the 53-year-old actress. 'Chelsea has told me that she had issues with Rosie,' she says. 'Since about the age of 12, Rosie's basically shipped Chelsea off to different boarding schools.' Deanna says she is 'worried' about Chelsea's 'wellbeing' after the incident. 'I wish she had a quieter life, one without all the drama that goes with Rosie's life.'



Love BITES

BABY NO. 2

Kelly Clarkson surprised LA concertgoers by announcing she's expecting her second child with husband Brandon Blackstock.



IT'S A BOY!

Joseph Gordon-Levitt and wife Tasha McCauley have welcomed their first child, a boy. All other details are being kept under wraps.



SHE SAID YES!

'We are overwhelmed with joy and excitement,' Julianne Hough told fans of her engagement to Brooks Laich.



SANDY'S NEW MAN

Sandra Bullock has a hot new love! 'He's a photographer,' says an insider of the unnamed man, who the 51-year-old actress reportedly took as her date to Jennifer Aniston and Justin Theroux's wedding earlier this month. 'Sandra's boyfriend is very attractive.'



She was photographed back in April road-testing a series of dazzling engagement rings with her long-time beau by her side. But after an emotional performance that earned her a perfect score on *Dancing With The Stars*, Ash Pollard can reveal that she and Wilba Leschke have called time on their relationship.

After fighting back tears on live TV, the reality star told OK!, 'The point of [Sunday] was to say that it's OK to be vulnerable even though I'm a confident person and I'm proud of being confident.

I was showing that it's OK to cry and share your innermost thoughts and feelings.'

Ash, 28, told viewers that she was the one who ended the four-year relationship, despite admitting just months ago that she would marry Wilba 'one day'. Admant that she and Wilba have remained firm friends, Ash wouldn't reveal her



Ash insists her split from Wilba was amicable

ASH'S

SECRET HEARTACHE

reasons behind the split, but has found dancing to be the best form of therapy. 'It felt good. It didn't feel like it was pretend. It happened organically and I really loved last night, even if it was touching a raw nerve.'

Did her growing fame and gruelling *DWTS* regime become too much for this once rock-solid couple?



The couple presented a united front when they celebrated Noah's second birthday in September last year, but was it all for show?

SHOCK
SPLIT

Megan tells

'WE NEVER
HAD

OK! REVEALS THE
TRUTH BEHIND THE
BREAK-UP OF
HOLLYWOOD'S
SEXIEST COUPLE!

Brian Austin Green and Megan Fox were one of Hollywood's hottest and seemingly happiest couples. But behind their loved-up smiles, the marriage between the former *Beverly Hills, 90210* actor, 42, and the *Teenage Mutant Ninja Turtles* hottie, 29, was well and truly falling apart.

'They had many disagreements and arguments about her time at home, which led to problems,' says a friend of the couple, who have been together for 11 years. The pair have two young sons, Noah, two, and Bodhi, 18 months, and Megan is stepmother to Kassius, Brian's 13-year-old son from a previous relationship.

Megan herself admits the marriage has been loveless for some time. 'Brian doesn't get any intimacy whatsoever,' Megan candidly revealed last year, adding that the driving



THE SIGNS WERE THERE

THE CRACKS IN THEIR MARRIAGE WERE STARTING TO SHOW

HE WANTED HER TO BE A STAY-AT-HOME MUM

While Brian wanted Megan to be at home more often, the actress was eager to focus on her blossoming movie career. 'She was overwhelmed with the children and her husband's expectations, which got in the way of work responsibilities,' a friend claims. 'Megan is young and hot and sought after... and she is eager to move ahead in her career. The timing just wasn't working for her relationship.'



'Megan has always been career-oriented,' says a pal of the *Teenage Mutant Ninja Turtles* star



HE SOLD THEIR HOME

In an episode of reality show *Flipping Out*, Brian seeks advice on renovating his \$6.9 million home to sell it, but Megan never appears in an episode nor does he ask her advice on the plans. 'Brian barely mentioned her,' a show insider tells.



Megan admits her favourite on-screen kiss was with her *Transformers* co-star Shia LaBeouf

SHE GOT TOO COSY WITH SHIA

Plagued by rumours, Shia LaBeouf and Megan have denied any romantic involvement. But after Shia, 29, was caught trying to FaceTime her last month, and lashed out at reporters for questioning their friendship after her split with Brian, fans aren't convinced!

THE SPARK HAD DISAPPEARED

While she plays a sex bomb in just about every movie she stars in, much to the surprise of her many male fans, it's claimed Megan is the complete opposite at home - clearly leaving Brian more than a little lost, if not disappointed!



force was the fact that they share a bed with their kids. '[Noah] sleeps in bed with us, so there's really no way.'

Megan was also rumoured to be frustrated with Brian's lack of help on the home front, hinting she was practically living the life of a single mother. While her hubby often spoke about having more children, the actress admits she continuously shut down the idea. 'He doesn't have to do any of the work!'

Megan hinted at trouble in 2014, telling *Men's Health* magazine that not everyone is blessed with a blissful marriage. 'You can't live in a fantasy land and think that everything is going to be perfect all the time,' she said. 'You will go through phases where you're just not getting along. You're not communicating well. That's going to happen, and it's going to feel impossible to you sometimes.'

The actress has since filed for divorce citing 'irreconcilable differences' and is seeking joint



Brian doesn't get any intimacy whatsoever

physical and legal custody of their sons. 'Megan and Brian's split is a classic Hollywood story of two people in different stages of life and career,' a pal explains. 'Brian wants more of her time than she can allow.'

While *US* magazine claims the pair went their separate ways 'six months ago,' Brian appears to be clinging to the hope that they will reconcile, stepping out in LA this week still wearing his wedding band. It wouldn't be the first time the couple have split, only to be reunited. After getting engaged in 2006, Megan reportedly called off their wedding in 2009 because 'marriage isn't a realistic goal,' before rekindling their romance and becoming engaged again in 2010.

According to those close to the couple, a reunion isn't likely for now, but no-one is ruling it out. 'They will always love each other very much and are devoted to their kids. Anything could happen in the future, but for now they've decided it's best to take some time apart,' says a friend. ●



Halle's sad secret

OLIVIER'S MOVED OUT

After two years of marriage, rumours are rife Halle Berry and Olivier Martinez, both 49, have split! Insiders say the French actor has moved out of the family home after Halle grew tired of his temper. In January, he used 22-month-old son Maceo's car seat to shove an LAX employee as he pushed through a crowd of paparazzi, with Halle clinging onto Maceo and daughter Nahla, seven. It's not the first time Olivier has blown his stack, after a 2012 scuffle with Halle's ex Gabriel Aubry. 'They're just delaying the inevitable split. It looks like Olivier will soon be history,' a pal confirms.

SEX'

LOSE
5KG
FASTNEW
CHEAT*Diet!*THE NO-FUSS TRICKS THE
STARS SWEAR BY TO GET
THEIR HOT SUMMER BODS*Jesinta
Campbell*

Jesinta's secret to slimming down for a show or shoot is to cut out sugar and alcohol. Thanks to a full-on fitness regime and gluten-free diet packed with fresh produce and protein, the 24-year-old can treat herself to her guilty pleasure, chocolate. 'I aim to do two sessions a week with [boxer] Lauryn Eagle and one session with my personal trainer,' she tells.

Bikini season is just around the corner and with a little inspiration from the likes of Jesinta Campbell, Gigi Hadid and Miranda Kerr, you too can shed those pesky kilos gained over winter and be beach ready in no time.

These ladies are devotees of the 'healthy balance' mantra, following an 80/20-style diet that allows them to maintain their model figures while still enjoying some of their favourite treats 20 per cent of the time.

Nutritionist Susie Burrell* agrees that we shouldn't be denying ourselves too much, and says to achieve a rig like Jesinta's, you should start your day with a large, nutritious brekkie and swap milky coffees and wines for green tea.

*Gigi
Hadid*

'New York is great for being healthy - I have a Juice Press right around the corner and I make my own food all the time. But burgers and fries are my weakness,' spills model Gigi, 20. 'I always say eat clean to stay fit, and then have a cheat day to stay sane.' Gigi works off those high-calorie cheats with sessions of high-intensity boxing at model favourite, Gotham Gym.

'Make sure that your dinner and lunch include half a plate of salad or vegetables, and go alcohol free for at least two days each week,' she continues, also recommending that we keep dinner portions small, get nine hours of sleep each night and enjoy one cheat meal a week.



Jennifer Lopez

'We're all human. I don't think you should beat yourself up if you make a mistake or if you have a potato chip,' Jen says of not depriving herself. But for the most part, Jenny From The Block maintains her flawless figure at 46 with her very own health, fitness and diet program, BodyLab. She also admits she's a reluctant fan of the Tracy Anderson Method. 'I make myself go to the gym,' she says.

WHAT IS THE 5:2 DIET?

It sounds too good to be true - a diet where you're allowed to eat almost anything you want for five days, in exchange for two days of careful portion control. But more and more success stories are emerging from followers who swear by the 5:2 diet.

'The people who study in this area are really top scientists,' says Michael Mosley, co-author of *The Fast Diet*. 'In a standard diet you lose about 75 per cent fat, 25 per

cent muscle. With this, it's between 85 and 100 per cent fat.'

The key to fasting is to limit your diet for two days a week (500 calories for women, 600 for men). On non-fasting days, women are recommended to stick to around 2000 calories, or 2400 for men.

'People find it easier to stay on it,' Michael says. 'They lose more fat and are able to keep the weight off more easily.'

5 NON-FASTING DAYS 2000 calories

BREAKFAST

1/2 cup
Carman's Fruit
Free Muesli
(205 cals), 1/2
cup skim milk
(125 cals)



SNACK

Red apple (68 cals),
20 almonds (144 cals)



LUNCH

Large Greek salad
(225 cals),
wholemeal bread
roll (160 cals),
1 orange (68 cals)



DINNER Grilled
chicken breast (142
cals), small baked sweet
potato (52 cals), 150g
veg (broccoli, carrot,
cauliflower) (42 cals)



SNACK

4 squares of dark
chocolate (208 cals)

'You can't be 100 per cent all the time, but you can be 80 per cent all of the time,' Jess Alba's trainer Yumi Lee says of the star's motto



TWO FASTING DAYS 500 calories



**145
CAL**

BREAKFAST
Sweet plums
and yoghurt
100g low-fat
natural yoghurt
(65 cals), 2
plums (60 cals),
1 tsp of honey
(20 cals)



**253
CAL**

DINNER
Ryvita & tuna slices
2 original Ryvita
cracker breads (70
cals), 60g tuna
mayo (171 cals), 70g
rocket scattered
on top (12 cals)



**160
CAL**

BREAKFAST
Spinach
omelette
2 eggs (140 cals),
60g spinach
leaves (20 cals),
salt and pepper
(0 cals)



**175
CAL**

DINNER
Hummus and
crudites
40g hummus
(123 cals), a
medium bowl
full of carrots,
cucumber,
raw capsicum
(52 cals)

SNACK

60g edamame
beans and rock
salt (84 cals)





'I plan my cheat meals and work hard to earn them,' tells Ricki-Lee, who trains with hubby Richard



Ricki-Lee Coulter

'When I wake up I have a coffee in bed and then I go for a one-hour run, five to six mornings a week,' says Ricki-Lee of the secret behind her 30kg weight loss six years ago. After realising she was intolerant to wheat, she switched to a vegetable and protein-rich diet, which made a 'huge difference.' But the newlywed, 29, doesn't deprive herself - 'Of course I treat myself every now and then,' she says.



'I might have a pizza and red wine, and maybe a dessert,' says Ricki-Lee

Kourtney Kardashian

Did someone say revenge bod? In the eight months since giving birth to her son Reign, Kourtney's also gone through a break-up with Scott Disick - but that hasn't stopped the 36-year-old mum-of-three from achieving her best bod ever! 'I can never follow a diet,' admits Kourt, who says she likes 'something sweet' after meals - but keeps it to small portions. A healthy chicken salad might be followed by a couple of choc chip cookies - or a few scorched almonds. She also does three to five work-outs a week.

HER DAY ON A PLATE



BEFORE BREAKFAST
Ghee



BREAKFAST
Almond milk




LUNCH
Chinese chicken salad



DINNER
Salmon with rice and veggies



The secret to the mum-of-three's taut tum? 'The plank is a favourite,' says Kourt's personal trainer Don Brooks



Anna admits
dark chocolate
is her weakness!

Anna Heinrich

It's all about balance, says 2013 Bachelor winner Anna Heinrich of staying slim. She kick-starts every morning with two boiled eggs and a green tea. 'Then at lunch I have a salad.'

To stay fit the 28-year-old works out with Pump, Bodyattack and paddleboarding.



Miranda Kerr

Miranda might be the guru of all things green, but even she likes to trade the goji berries for a high-calorie treat every now and then. The model, 32, shared a snap of herself tucking into a burger and fries after a runway show in May: 'After show indulgence... It's all about a balance #80/20rule.' The yoga devotee and keen runner says she's only human. 'Food is my friend... everything in moderation is best.'



Kylie r

The 18-year-old hasn't missed a chance to flaunt her amazing new bikini bod! While Kylie admits she hasn't always been a healthy eater, she recently cut out dairy after discovering she was lactose intolerant. 'I'm working out and I'm eating better,' says the star, who was enjoying long hikes with boyfriend Tyga on their recent trip to St Barts. Not that she's quit treats entirely. She shares the same passion for Nilla Wafers as her big sister Kourtney - along with her other favourite snack, Cheetos!

Celebrity SLIM

STARS' DIETS GO FROM STRICT REGIMES TO BIZARRE SNACKS!

There's no better inspiration to kick-start us into summer than seeing these famous A-list stars who have achieved their best bodies ever! But even more amazingly, they swear their results are simple to achieve.

For Britney Spears, leading an

active lifestyle packed with yoga, meditation, dance and a clean diet is crucial. 'Daily exercise is important for me both mentally and physically,' she explains.

And it's all about balance. Even with her amazing body, Lara Bingle admits she's a fan of dark chocolate and gives herself a treat. 'I feel as I've grown older, I don't deny myself.'



Selena Gomez

After an internet troll told the curvaceous star to 'stop eating junk food', Selena hit back with a very powerful message via Twitter: 'You're disgusting. IM IN the business and I could care less about what "they" or you say I should look like.' But just three months later, the 23-year-old singer was showing off the results of her self-imposed 'thin-ervention', with a friend saying she shed 9kg by doing 'cardio twice a day. She is so committed that the weight has just been falling off. No more burgers, fries and shakes,' says the pal.

Since her curvier appearance at the Met Gala in May (inset), Selena has cleaned up her diet. 'Now it's just fresh fruit, greens and fish,' says a friend



Lara Bingle

Lara recently signed up for Ballet Barre - and the hard work is paying off! 'It's all about consistency,' says the 28-year-old mum, who's looking hotter than ever since welcoming her baby boy Rocket in March. Most mornings she'll have a smoothie then a green juice, with a tuna or chicken salad for lunch and fish, chicken or meat with green vegies for dinner. 'I eat bread, I love sourdough,' adds Lara.



'Just don't overthink it, it's not hard, you know?' says Lara, who has had no problems dropping her baby weight since Rocket's birth

DOWN



Katherine Heigl

'I hate dieting,' confesses Katherine, 36. But when it came to shedding kilos for her sexy movie role in *Unforgettable*, she knew exactly who to call - her trainer Harley Pasternak, who makes her do lunges and body crunches followed by cardio. Another tip the star swears by? 'A good bra with some underwire definitely helps a lot!' she says.



'You know what's important? Living well and not being consumed with eating boring salads,' says Katherine, who has trimmed down gradually since her *Grey's Anatomy* days



From curvaceous in 2008 to taut and trim in 2015 - Lily credits 'the not wanting to eat room service thing' for her banging bod



Lily Allen

Lily famously got into shape with the help of hypnotherapy, but after giving birth to her two daughters, the British pop star credited her hectic tour schedule and one unlikely snack for her incredible 19kg weight loss. 'I just eat a lot of crisps, I'm not really eating a lot of proper meals.' Now the 30-year-old boasts a tiny 50kg frame, 'I think it's touring and dancing' she says.



THEN

Britney Spears

She was accused of editing out unflattering shots in her *Pretty Girls* music video in May (above) - but now Britney's having the last laugh! 'Dancing is a great cardio work-out - tough and fun at the same time,' reveals the 33-year-old mum-of-two, who has also been brushing up on her yoga.



NOW

'I'm really into raw food - sushi, basically,' Brit tells

TEXT BY AMBER BRAMBLE, AMBER GILES & PENELOPE KILBY PHOTOGRAPHS BY ALAMY, AUSTRALSCOPE, INF, NEWSPIX, SNAPPER, SPLASH JENNIFER LOPEZ PHOTOGRAPH BY JOE PUGLIESE/AUGUST/RAVEN & SNOW

'When you make time for each other, that's the most important thing in a relationship,' says David. Unfortunately their busy lives haven't allowed much room for that recently

POSH & BECKS

UN

MR MUM!

David is now the main carer for the kids. 'It's nice to actually be at home and spend time with them and be a taxi driver,' says the former sports star, who usually does the school run.



MARRIAGE DER THREAT

THE COUPLE CAN'T AGREE WHERE TO LIVE – OR WHAT TO DO WITH THEIR BOY

For years, the Beckhams have given us couple envy, and their cute brood – Brooklyn, 16, Romeo, 13, Cruz, 10, and Harper, four – only adds to their picture-perfect image. But it seems having it all is putting pressure on the unofficial British royal couple.

A usually unflappable David fired back swiftly on August 11 when his parenting skills were called into question after Harper was spotted using a dummy, prompting many to question if there was something more serious behind his defensive behaviour.

According to reports, tensions are running high in the Beckham household as David and Victoria find it increasingly difficult to spend time together. The pair have been going back and forth between London and LA, with a pal revealing, “Who’s travelling where” is a full-time job – and it’s all handled by Victoria, who jokes that if the fashion doesn’t work, she can always be a PA. She knows the flights from LA to London like the back of her hand, the insider adds.

So it’s not often that both stars find themselves in the same time zone. Last month, David, 40, flew from LA to London to attend pal Guy Ritchie’s wedding, while Victoria, 41, remained in LA. Then on August 1, the pair missed each other at LAX airport by a mere 14 minutes as he flew in and she flew out.

David admits the pair spend little time together. ‘Dates for Victoria and I are very few and far between,’ he says. So it’s no wonder he’s campaigning for the family to settle in LA permanently. The former footballer’s Instagram feed is



THEIR DIFFERENT LIVES

RARELY IN THE SAME CITY, IS THE STRAIN STARTING TO SHOW?



POLES APART

Not a day goes by without David popping into his favourite Brentwood gym in LA. Meanwhile, Posh is busy juggling her fashion empire. It's been more than six weeks since she posted a snap on Insty for their 16th wedding anniversary – will they make it to 17?



PASSING SHIPS

As Victoria arrived at the LAX departures terminal on August 1, hubby David was set to touch down after attending his pal Guy Ritchie's wedding in the UK. On the wedding day, David wrote, ‘I want to wish my mate and his beautiful bride an amazing day where friends and family come together to celebrate what they have and are going to create together over the years to come...’ Rather than enjoying a long-awaited reunion with his own bride on his return, the pair headed their separate ways.

a testament to just how much he loves living Stateside. On August 19 he posted a snap of himself snuggling up to his 'hiking buddy' Brooklyn after a father-son walk. The next day he was taking in a Mumford & Sons gig at West Hollywood's Troubadour rock club with some pals. 'Great night with the boys,' he wrote.

But Victoria feels differently. 'I'm so happy to be back in London, we all are... London is our home,' says the mother-of-four, who according to an insider, 'feels like her roots are in the city.'

Meanwhile, David's adamant that the family have more privacy in the US, where they lived for five years before returning to the UK in 2012. 'They go to school and are treated like normal kids, whereas maybe in Europe it's been different for us,' he said at the time.

And that's another sticking point – while Victoria is keen for Brooklyn to work in the fashion industry as a model, David is doing all he can to keep his eldest son's life as normal as possible. 'They're on hugely different pages with this subject,' says a pal. 'David would rather the kids were kept out of the spotlight.'

'I want to protect them from anything that goes on outside the family,' says David, who has discussed the pressure he felt being in the limelight when he was signed to Manchester United at just 18. But Victoria believes it's

imperative that her kids start carving out a career path. 'It's important that the kids have a good work ethic,' she says.

The couple are now at a stand-still, with pals saying their current arrangement – without a permanent base and no time for their marriage – isn't sustainable.

Even their day-to-day schedules are glaringly different. Without a specific job at the moment, David spends his time hitting SoulCycle classes and running his kids around. 'I've become a taxi driver overnight,' he says. 'From 7.30 in the morning I have drop-offs at four different schools.'

Meanwhile, Posh juggles her stores, designing and charity commitments. 'She works really hard,' says David, while his wife admits, 'From the minute I get to work, it's pretty non-stop.'

And if things weren't strained enough, the family has finally sold their five-bedroom home in Spain, eight years after they put it on the market. While they made a tidy \$2.5 million profit, the sale has no doubt stirred up memories of the shocking claims made by David's former PA, Rebecca Loos, that the pair had an affair while in Madrid.

Victoria is the first to admit that her marriage is far from perfect. 'We've had our ups and downs,' she says. Here's hoping they can recover from their current lows. ●

“
*Dates for
Victoria and
I are few and
far between*”



Online critics who caned David for giving his four-year-old a dummy clearly hit a nerve

DUMMYGATE

When four-year-old Harper was snapped sucking on a dummy as she strolled with David in West Hollywood earlier this month, the parenting police were swiftly up in arms saying she was too old for it – much to David's fury. 'Why do people feel they have the right to criticise a parent about their own children without having any facts??' he fired back on social media. 'Everybody who has children knows that when they aren't feeling well or have a fever you do what comforts them best and most of the time it's a pacifier so those who criticise think twice about what you say about other people's children because actually you have no right to criticise me as a parent...'

TEXT BY OLIVIA O'BRIEN PHOTOGRAPHS BY SNAPPER, SPLASH

THE BATTLE OVER BROOKLYN

WITH THEIR ELDEST SON CARVING OUT A MODELLING CAREER IN LA, THE COUPLE CAN'T AGREE OVER WHERE HE SHOULD LIVE

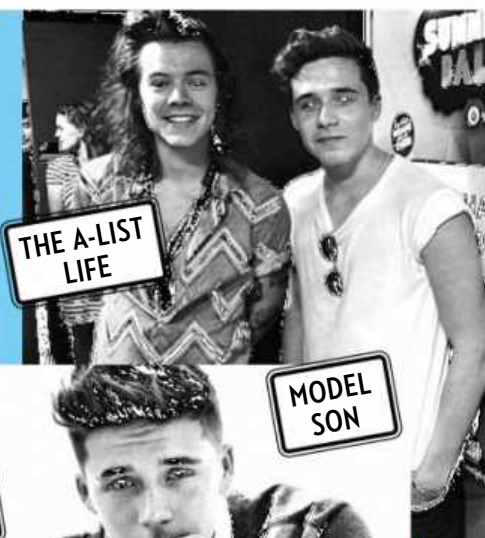
Budding model Brooklyn has made it clear where he'd rather be – in Hollywood pursuing his fashion career. The teen's Instagram feed is jam-packed with pics of him living it up Stateside with his celebrity pals, including the One Direction boys and rumoured girlfriend Chloë Grace Moretz, heading to gigs and hanging with bands.

According to reports, the teen has also just signed to a top LA-based modelling agency, so he's putting the pressure on David and Victoria to let him make Hollywood his base. And while Posh is the one who is keen to see her big boy make it in the modelling biz, she isn't so sure about him moving to the other side of the pond!

'Victoria has told David she is reluctant to let Brooklyn move back to America,' divulges a pal. 'David is more relaxed about it, and suggested he move there with a chaperone, a housekeeper and a nanny.'



GROOMED FOR GREATNESS



THE A-LIST LIFE

MODEL SON

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HOT

SHOTS

WHEN THE STARS BUMP UP TO THIS
K! TAKES A PEEK

'I feel the need
for speed!'

Kylie fills Tyga
in on the
wonders of
waist training

ADVENTURE TIME

The party never stops! As part of **Kylie Jenner's** ongoing 18th birthday celebrations, **Kendall Jenner**, 19, **Pia Mia**, 18, and **Hailey Baldwin**, 18, joined her and beau **Tyga**, 25, for an adrenaline fix at the Rancho Mi Chaparrita adventure park in Mexico on August 11. 'This has been the best month ever!' Kylie tweeted.

Someone didn't
get the 'no laughing
through the safety
demo' memo,
hey Hailey?

'I've walked my
share of runways
so this should be
a piece of cake'

'What the heck. Today's a day of new experiences - may as well add smiling for the cameras to the list'

ON-SET FUN!

'Hey Girl... fancy seeing you here'

UNITED FRONT

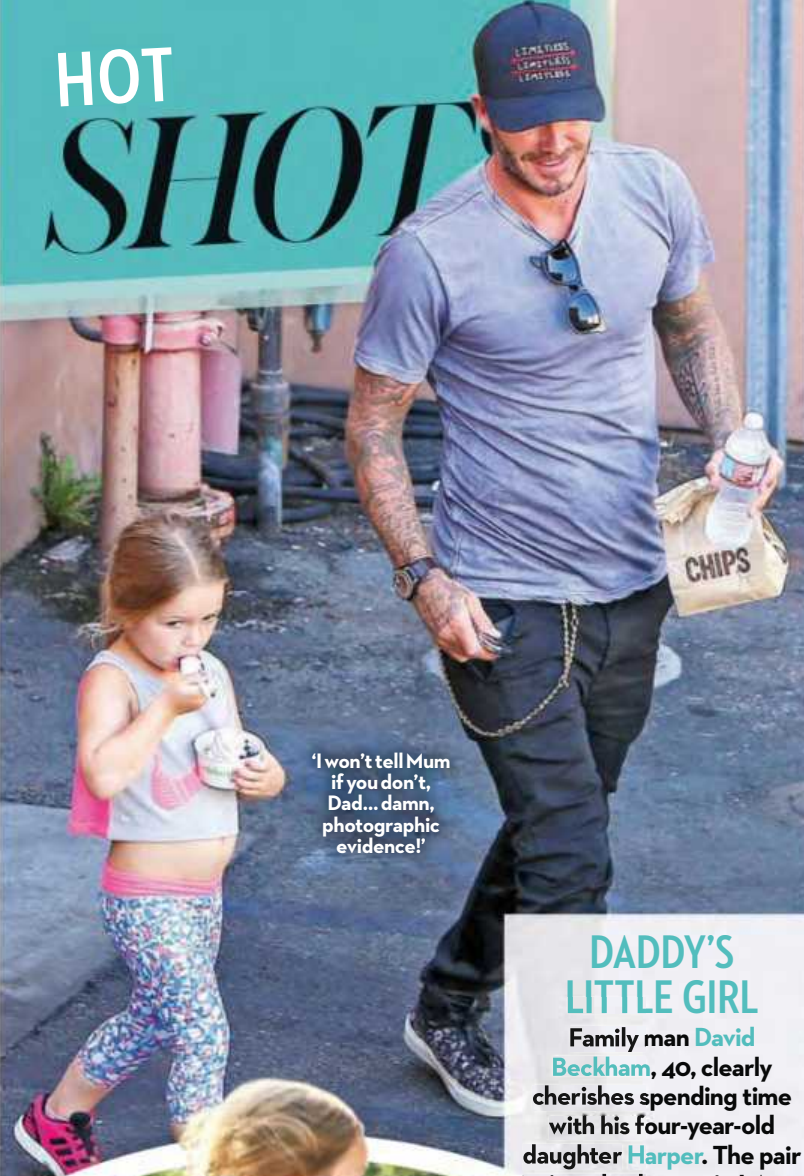
They previously played love interests in *Crazy, Stupid, Love* and *Gangster Squad*, and **Emma Stone**, 26, and **Ryan Gosling**, 34, are set to reunite in *La La Land*. The pair were shooting scenes together in LA on August 19. 'There's no-one like her,' Ryan gushes of his co-star.

GOING RETRO

Vintage vixen **Kristen Stewart**, 25, was all smiles during filming for an as yet untitled Woody Allen film in LA on August 21. However, the actress admits she was 'exceptionally nervous' at her audition with the legendary Oscar-winning director.

'Come on, Ry, swing those arms - you call yourself a Mouseketeer!'

HOT SHOT



'I won't tell Mum if you don't, Dad... damn, photographic evidence!'

DADDY'S LITTLE GIRL

Family man **David Beckham**, 40, clearly cherishes spending time with his four-year-old daughter **Harper**. The pair enjoyed a day out in LA on Aug 20, with the soccer star treating his little girl to a frozen yoghurt before they headed to a nearby park for a bike ride. David posted a sweet pic of Harper on her pink bike - with matching pink training wheels, of course - captioning it, 'California girl'.

'Thanks for the lift. Walking and eating at the same time is hard work'

'Listen guys, the only scoop here is this one tantalising my taste buds'

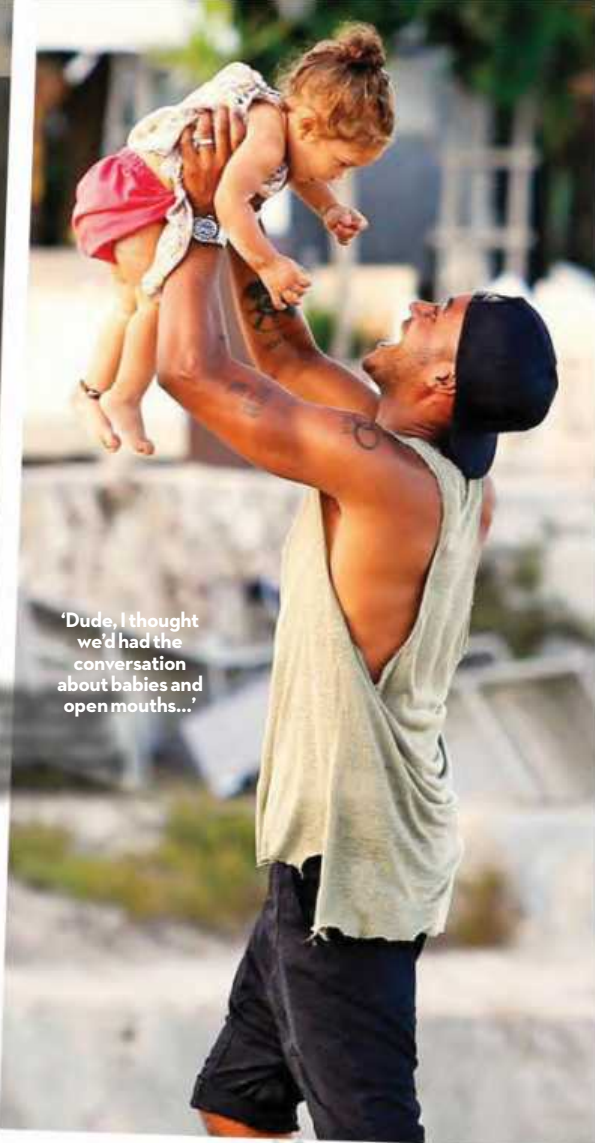
CHILD'S PLAY!



'Hey Mum, word on the street is that the Beckhams give their kids froyo. Just sayin'...'

SUMMER LOVIN'

Talk about loved up! Model **Doutzen Kroes**, 30, and her DJ hubby **Sunnery James**, 36, hit the beach with their son **Phyllon**, four, and 13-month-old daughter **Myllena** in Ibiza on August 17. 'Since I've started having a family, I became even more happy,' gushes the proud mum and former Victoria's Secret Angel.



'Dude, I thought we'd had the conversation about babies and open mouths...'



'Fly me to the moon, Mum! That's why you called me Apollo, right?'

SWING WITH ME

Following the sad end of her marriage to Gavin Rossdale, **Gwen Stefani** got some cheer-up cuddles from 18-month old **Apollo** as they played in an LA park on August 23. 'Getting pregnant with Apollo... was totally a surprise and a miracle,' says the 45-year-old singer turned fashion designer, who is also mum to Kingston, nine, and Zuma, seven.



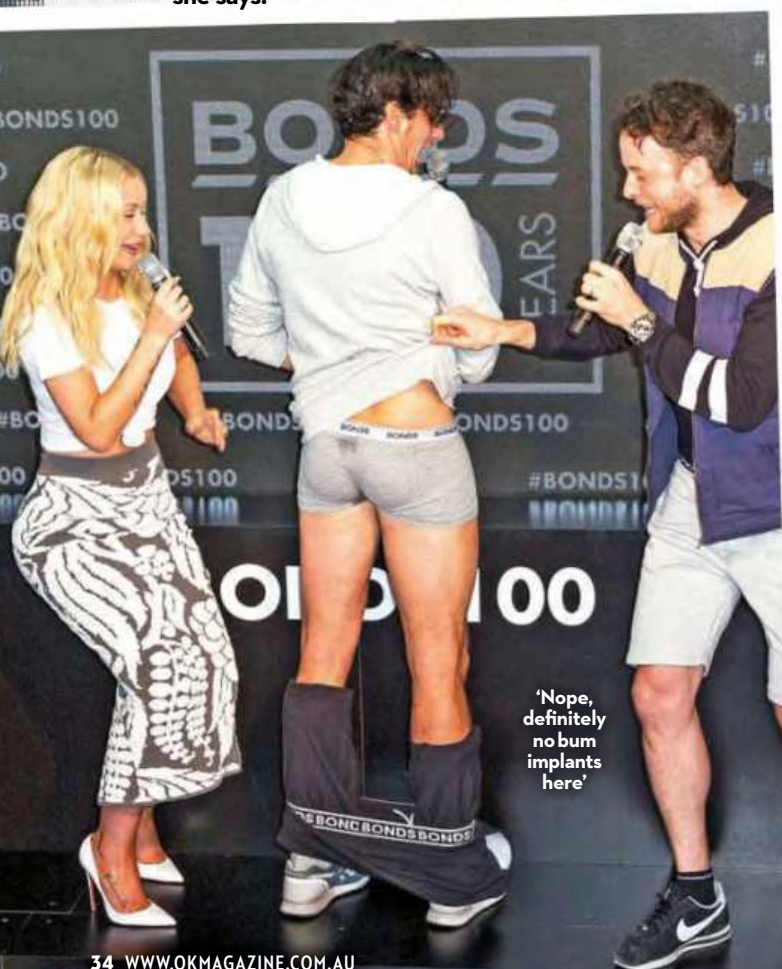
As far as Apollo's concerned, he's got the best seat in the, er, park



FUN DOWN UNDER!

Jetting into Sydney to celebrate Bonds' 100th birthday on August 19, rapper **Iggy Azalea** got cheeky with radio hosts **Andy Lee** and **Hamish Blake**. The 25-year-old says she's proud of her Aussie roots. 'A lot of people in Hollywood like to be glammed up all the time and I think, "How do you wear high heels every day?" Those are definitely the times where I feel very Australian,' she says.

Iggy's response when asked if she and Snoop Dogg will ever be mates



'Nope, definitely no bum implants here'



'Sugar high? What sugar high?'

LET THEM EAT CAKE!

Actress **Hilary Duff** stepped out with her gorgeous three-year-old son **Luca** on August 22 to share some quality time at her namesake, Duff's Cakemix in LA! And they stocked up big - Hilary, 27, shared an Insty pic of three cakes captioned, 'A cake rage at #duffscakemix @duffscakemix @ssnassar cake cake cake.' Yum!



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THE
BACHELOR

INS

me

LANA,
27
SYDNEY

RACHEL,
30
BRISBANE

**FROSTY
RECEPTION**

With Rachel and Lana never having watched the show, they weren't expecting the other Bachelorettes to react quite the way they did when they entered the mansion! 'It took a while to settle in,' admits Lana.

RACHEL WEARS EQUIPMENT BLOUSE, BEC & BRIDGE SKIRT, STEVE MADDEN HEELS (SHOWN ON NEXT PAGE) LANA WEARS TARGET SHIRT, DANNI MINOGUE PETITES FOR TARGET SKIRT

IDE TV'S *an girl chub*

THE DATECRASHERS SPILL ALL

THE BACHELOR HAS HIS HANDS
FULL WITH TWO NEW LADIES
JOINING HIS LOVE NEST

'I'll be hiding
behind the
couch,' Lana
says of
watching her
kiss with Sam



With the number of ladies vying for Bachelor Sam Wood's affections dwindling, the feistiness was ramping up long before datecrashers Lana Jeavons-Fellows and Rachel Moore entered the scene. But their arrival threw the mansion's mean girls into overdrive, and when *OK!* caught up with the new love interests, they opened up about the frosty reception they received from the other ladies and the days that followed.

Lana, 27, inadvertently became the most talked about Bachelorette of the season before the show even began – thanks to leaked photos of her and Sam on a date – but the Sydney PR representative says she almost didn't make it through the first night.

KISS DON'T TELL

Judging by the snaps, Lana is a prime contender for Sam's heart. 'He's definitely my type of guy,' she tells *OK!*. 'From the moment we met, we got along really well.' As for those paparazzi shots, Lana says we'll have to watch and see for details on that particular date, but she did say watching their kiss will be interesting, especially for her. 'It's going to be embarrassing. The thought of my parents and friends seeing me kiss a guy on TV will be awkward,' Lana admits.

'Every 15 minutes I was like, "What am I doing here?"' she recalls, explaining that it took some time to adjust. 'I was really quite in shock.'

Original Bachelorette Nina Rolleston, 28, says the new

arrivals caused a huge divide. 'It was definitely them versus us. We'd put in the time and then they just showed up... we especially felt that Lana was competition because we know Sam's type.'

Brisbane food blogger Rachel Moore, 30, says she felt extremely intimidated by the girls. 'That first night I was so scared I couldn't stop shaking,' she explains, adding that there was never a time when she felt entirely welcome. 'They did become nicer; there was nothing [salacious said to me], at least not to my face.'

Rachel explains to *OK!* that taking time to herself helped get her through her time on the show as one of the harshly dubbed 'intruders,' a role neither she nor Lana signed up for when they applied. 'I had my own room, and when we had free time I would go down to the jetty and feed the seagulls,' she admits.

Turning to her fellow datecrasher for support wasn't an option either. At *OK!*'s photo shoot, the two ladies stayed on separate sides of the studio and didn't share more than a few words with each other.

With Emily's dramatic exit also playing out the night they arrived, it took the awkwardness to another level. 'I think that maybe we added fuel to the fire there,' admits Lana.

OK! sat down with the pair to chat about their arrival, mansion politics and their quest for love. ➔

Lana Jeavons-Fellows

Dazzling brunette Lana, 27, is surprised when *OK!* asks her how she feels about being one of the datecrashers. 'Am I called a datecrasher, am I?'

she asks. 'I thought we were 'new love interests'. The misunderstanding isn't the first she's experienced in regards to the show. She explains that by not having watched *The Bachelor* in the past, she was somewhat in the dark about what she was truly in for when she entered the mansion...

What made you decide to sign up for *The Bachelor*?

I'd been single for a year and had recently started dating again, but I just couldn't find that spark. I guess I'm at that stage in life where I'm ready to fall in love.

Were you happy about the way you entered the mansion?

It was all really quite overwhelming. I think it had its advantages and disadvantages. That first night, there was just so much going on – there were cameras, lights, questions. I think Heather was cracking all these jokes and I wasn't laughing... it was all white noise.

Did anyone take you under their wing on that first night?

Not really.

Did it take a while to settle in?

Yeah it did, but on that first night I sat next to Sarah and she seemed genuine. I was like, 'I'm going to stick with you!'

Are you open to the possibility of a proposal at the end of this?

I'm not in a rush [to get married], but when you fall in love, if the time is right, whatever happens happens.

Since Sam lives in Melbourne, would you consider moving interstate to be with him if you end up together?

It's not like I haven't moved further for a guy before. I've had two serious relationships in the past, and they've both been long. I lived in Mexico [with my boyfriend] for a little over a year when I was 23, it was amazing.

“

It was all really quite overwhelming

Sam has spoken about how much he wants to have children in the future. Are you of the same mind?

Sam and I both have similar thoughts on kids, we both want them, and I think Sam and I are both big kids ourselves. It's nice to know that we are both on the same page there and that it's something we both want in the future.



FAMOUS FRIENDS

Lana has been friends with model pal Laura Dundovic – who appeared on Channel 10's *I'm A Celebrity... Get Me Out Of Here!* earlier this year – since high school. 'She was really supportive of me going on the show,' says Lana, admitting that she missed having her friend on hand for advice while she was in the mansion. 'We tell each other everything. It was hard not having her there for support.'



Rachel Moore

Brisbane-based food blogger Rachel, 30, didn't know what she signed up for when she first entered the *Bachelor* mansion, she candidly reveals to OK!. Having been single for two-and-a-half years, the former flight attendant – who left her job nine months ago to 'settle down' – went on the show looking for love, but as she found out, the quest wasn't quite what she expected. 'I'm worried about being misunderstood, that's what really scares me,' admits Rachel, hinting at some possible controversy to come.

What led you to *The Bachelor*?

I recently turned 30 and the alarm bells started ringing – I want to settle down and have kids, and I want to find someone that I can wake up to every morning and just love to bits.

Was it hard for you to find your place among the other girls?

It was. I don't judge people straightaway, it takes me a while to form an opinion [of them]. The girls did become nicer to me [as they got to know me].

Did you spot Sam's favourite girls?

Obviously we're seeing Heather as a favourite on TV, but I had no idea. She's someone I had to get used to in the house and I think once that happened she was nicer.

Snezana is also a clear favourite, was that apparent to you?

Definitely. I just thought, 'How do I have a bloody chance?' I think she'll definitely be there until the end. She and Sarah are wife material.

What were your thoughts on Sam?

He actually really impressed me on that first night when the girls kept referring to us as intruders and he actually corrected them, saying, 'Their names are actually Lana and Rachel'. He won me over then.

Would you move for love?

I definitely would. My mum lives in Melbourne, and my dad, I think. I'm not sure as I haven't spoken to him in a long time. ●

Watch
The Bachelor
Wednesday and
Thursday, 7.30pm
on Channel 10

A NEW PATH

Rachel left her flight attendant job nine months ago to take some time for herself. 'I'm studying a diploma of fashion styling, and food blogging,' she tells, adding that she also volunteers with the RSPCA. 'I'm taking time to just do all the things I love.'

EMILY'S EXIT

Will see Sam

Melbourne advertising executive Emily Simms' shock departure left everyone gobsmacked, but she tells OK! she's had a chance to see Sam since filming ended. 'He lives around the corner from me,' she explains.

However, she assures us there'll never be a rekindling of their relationship after it ended so publicly, like there was last year with Bachelor Blake Garvey and Louise Pillidge. 'No, no I wouldn't do that,' insists Emily, 31. '[It's a] big fat no to that!'

As for being portrayed as this year's mean girl, she says she doesn't understand why she's come off that way. 'I'm very much an authentic person... I wasn't looking to take other people down and be nasty and it's just not in my character to do that.'

However, fellow Bachelorette Nina disagrees that Emily has been victimised. 'What you see when it comes to Emily is exactly what you get,' she tells. 'There's no misrepresentation.'



Kate Hudson
THE UL
Hollywo



ULTIMATE bod

body

HER SECRETS TO LOOKING THIS GOOD – REVEALED

Kate's very disciplined,' says Kate Hudson's long-time trainer, Nicole Stuart. And it shows! The 36-year-old movie star's physique – strong, not skinny – is fast becoming the most enviable in Hollywood.

Fans were in awe of the mother-of-two's banging bod when she posted a swimsuit snap of herself chilling poolside in Greece in June. 'Hello my dream body,' one commented. But looking this good takes effort...

KEEPING FIT

'Kate will be the first to tell you there's no magic pill or shortcut,' says Nicole, who puts her through her paces with daily work-outs that include a bit of everything.

'I get bored really easily, so I'm constantly switching up my exercise,' says Kate. 'I'll try boot camp or boxing or anything really, depending on where I am. If my girlfriends are going for a spin class, I'll go with them, or if I'm in London, I do hot yoga because it's often rainy.' When she's not working up a sweat with her famous pals including Liv Tyler, Gwyneth Paltrow and Nicole Richie, Kate loves walking, running and bike riding.

As well as mixing things up, the star believes frequency is key. 'I wouldn't say [I work out] a lot, just consistently. People think for some reason you have to work out for two-and-a-half hours... but it can be little. It can be 20 minutes, it could be 40 minutes,' says Kate, who likes to carry a skipping rope in her bag

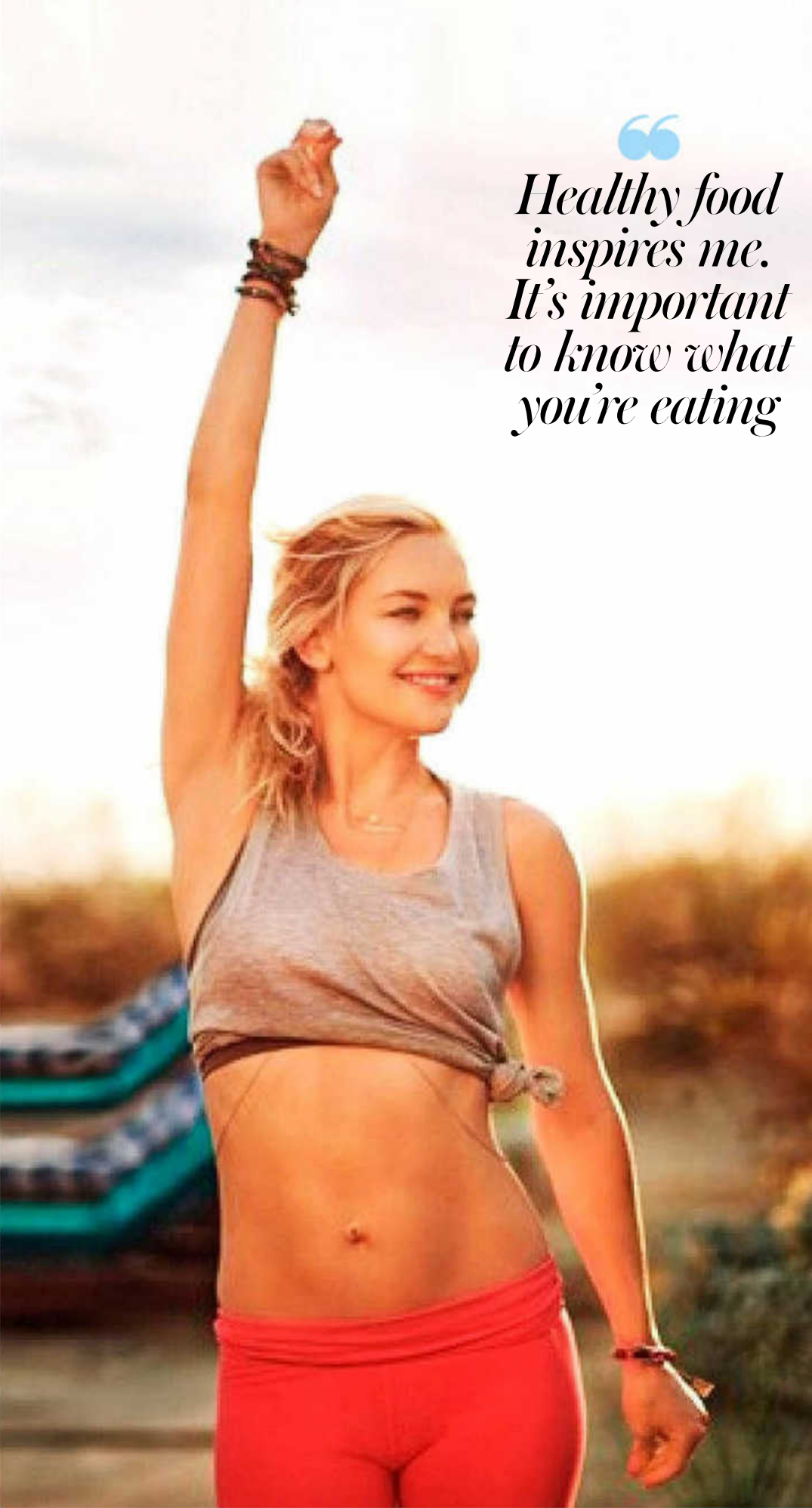
so she can squeeze in some cardio when she has a spare moment. 'You can't do like two weeks and do like two days and then take a week off and then do three days and then go, "Why aren't I seeing results? I don't get it." You know, you've just got to do it!'

Kate says she also likes to stick to the same time of day for her work-out. 'I'm a morning person. If I go past noon, it's hard for me to exercise. If you wake up and just do it, then it's done,' she explains.

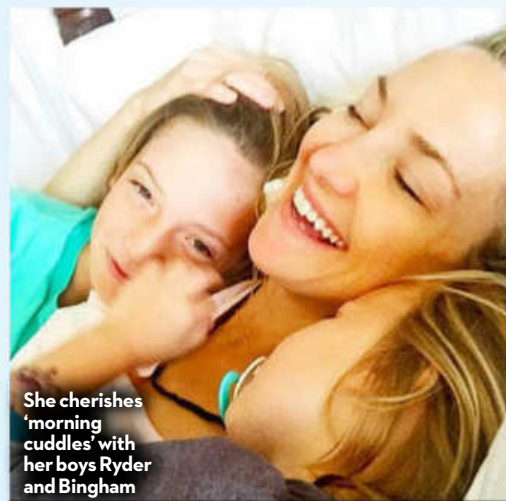
HEALTHY HABITS

The founder of Fabletics activewear, Kate is just as devoted to her diet. 'Healthy food inspires me. It's important to know what you're eating because food is fuel,





“
*Healthy food
inspires me.
It's important
to know what
you're eating*



She cherishes
'morning
cuddles' with
her boys Ryder
and Bingham

and we don't want to fuel our bodies in a way that could make them sick,' reveals Kate, who is a big fan of the alkaline diet. 'That's my go-to,' she says of her gluten-free, wheat-free, dairy-free, sugar-free, meat-free eating plan. 'When you start to become more alkaline, it's basically healthier. Everything digests better.'

Nutritionist Michele Chevalley Hedge, founder of myfamilywellness.com.au, says it's a great way to eat. 'Basically what Kate is doing is eating clean,' she tells *OK!*. 'This aids weight loss because when you are eating real food, your liver gets cleaner, your insulin regulates, your thyroid reboots and inflammation dampens down – all of which helps us lose weight.'

And there's no denying it's worked for Kate. Even her fellow celebs are envious. 'Well, my gosh, look at that arse. It's such an irresistible tush,' says Kate's pal Jennifer Aniston, who is just one of her famous admirers.

'I love Kate Hudson,' says former Spice Girl Emma Bunton. 'At the Olympics three years ago I bumped into her on the stairwell. She said, "You don't think I could borrow some mascara? I've turned up with no make-up on." I was like, "Oooh! And you look that gorgeous!" So she came up into my dressing room and put some of my mascara on.'

MORE THAN A PRETTY FACE

Kate's colleagues aren't just applauding her face and figure – she's smart, funny and well-loved, too. 'She lives her life every single day with such happiness, and more than anything she's so confident in her skin,' says close pal Lea Michele. 'I really do believe that she enjoys every day on this planet.'

Former co-star Zach Braff, who worked with Kate on 2014 film *Wish I Was Here*, agrees. 'She's extraordinary,' he says.

This year, Kate's appeared in *Rock the Kasbah* with Zooey Deschanel and Bill Murray, and just this month she wrapped filming on disaster movie *Deepwater Horizon* with stepfather Kurt Russell – their first film



LOOKALIKE LADY
RIRI'S THE NEW
TOM CRUISE



LEGAL SCANDAL
OLSEN TWINS
BEING SUED



TOO CUTE
ANIMAL
OVERLOAD!

INTouch

BONUS
MINI MAG!



Selena **VS** Kendall

BITTER

CATFIGHT!

The singer warns her former BFF to stay away from her ex-boyfriends

OMG...

INTOUCH WITH THE BEST AND WORST OF THE WEEK

rejection of the week

J. LO TO CASPER

STOP
ASKING
ME TO

MARRY YOU!

Three strikes and she's out! With three divorces under her designer belt, Jennifer Lopez isn't looking for No. 4. Her backup dancer turned on/off beau Casper Smart, 28, is repeatedly asking her to marry him, only to hear the word "no" over and over. "Since they got back together earlier this year, he's probably proposed at least five times. Frankly, she's sick and tired of saying no," says J. Lo's friend. "Every time he pops the question it bugs the hell out of her. She finally snapped and told him to stop asking, but he won't." The *Booty* singer, 46, has previously said "I do" to Ojani Noa, Cris Judd and Marc Anthony. "She's been burned too many times," says the pal. "She loves Casper — she just doesn't want to marry him. She's told him it's never going to happen. Period." Before reuniting with Casper, the mom of two (who dated Sean "Diddy" Combs and was engaged to Ben Affleck) said, "I still believe in the fairy tale. [But] I'm not rushing into anything in any way, shape or form."

Please
say
"I do"

"I don't!"

"She's happy to have Casper at her side wherever she goes," says a source close to J. Lo, "but getting hitched is out of the question."

horriblebossesoftheweek

OLSEN TWINS SUED

It looks like the Olsen twins are going from a full house to a full courtroom. That's because they're being sued by 40 current and previous interns of their fashion label. The class action suit alleges Mary-Kate and Ashley's company, Dualstar Entertainment Group, failed to pay or give college credit to interns who performed menial tasks and worked more than 50 hours per week. The interns argue they deserved minimum wage because they were doing jobs similar to paid co-workers. "I was doing the work of three interns," claims the lead plaintiff, former design intern Shahista Lalani, who spent five months in 2012 working for the twins and says she was hospitalized for dehydration as a result of the job's demands. "I'd see a lot of kids crying doing coffee runs, photocopying stuff," she says. A rep for the 29-year-old twins responds that their company "is committed to treating all individuals fairly and in accordance with all applicable laws. The allegations in the complaint are groundless."



Double trouble

related duties,

24. — During her employment with DUALSTAR, the Named Plaintiff typically worked approximately 5 days each week, for a total of approximately 50 hours per week.
25. DUALSTAR did not provide any compensation to the Named Plaintiff for the

numberoftheweek



— dollars it costs to buy one bottle of Jay Z's new all-pinot Armand de Brignac Ace of Spades champagne

makeoveroftheweek KATHERINE HEIGL

"Still getting used to it," wrote the former *Grey's Anatomy* star, 36, on Instagram on Aug. 10 of her new platinum hair.



dareoftheweek
KRISTEN STEWART

"Google me. I'm not hiding."
— when asked about her sexual orientation



confessionoftheweek
HENRY CAVILL

"It's only happened to me once, and it was very embarrassing."
— on getting aroused while filming a love scene



improvementoftheweek
TARAJI P. HENSON

"It took me a while to get on the chic bus. I was coming from the era of Li'l Kim and Mary J. Blige: ghetto fabulous. I came from nothing. When you get money, you go big!"
— on her personal style



OMG...

buzz of the week

CELEB RESTAURANTS LEAVE A BAD TASTE

Don't mess with the Health Department! These A-list stars needed to clean up their acts — and their eateries. Here's how they ran afoul of the inspectors



JUSTIN HAD MICE

"Evidence of mice," "not vermin-proof" and "food contact surface not properly sanitized" were some of the violations to hit Justin Timberlake's Southern Hospitality in July. But the 34-year-old got good news a month later, when the NYC hot spot was reinspected and got an A grade. "And that's all I have to say about that," tweeted the singer's eatery on Aug. 11, along with a photo of the ratin



CHANNING NEEDED HAIRNETS

Saints and Sinners, the Bourbon Street boîte in New Orleans owned by 35-year-old Channing Tatum, got its hand slapped in April for "food handlers not wearing proper hair restraints." Inspectors also took issue with bulk containers not being labeled correctly and "raw shellfish consumer information ... not displayed at point of sale."



QUENTIN WAS MISSING A THERMOMETER

Do Hwa, the NYC Korean BBQ joint co-owned by Quentin Tarantino, 52, got a notice of violation in April for "cold food item held above 41°F" and "appropriately scaled metal thermometer not provided or used to evaluate temperatures of potential hazardous foods during cooking." Be careful — spoiled food could Kill Bill!



ROBERT HAD FLIES

Robert De Niro, 72, owns a number of restaurants (including the Nobu outposts around the world). His Tribeca Grill in NYC was cited in July for "filth flies or food/refuse/sewage-associated flies present in facility's food and/or non-food areas." That's not the kind of buzz a restaurant should generate!



reel of the week

BACHELORETTE DRIVES RACCOON TO DRINK IN PARADISE

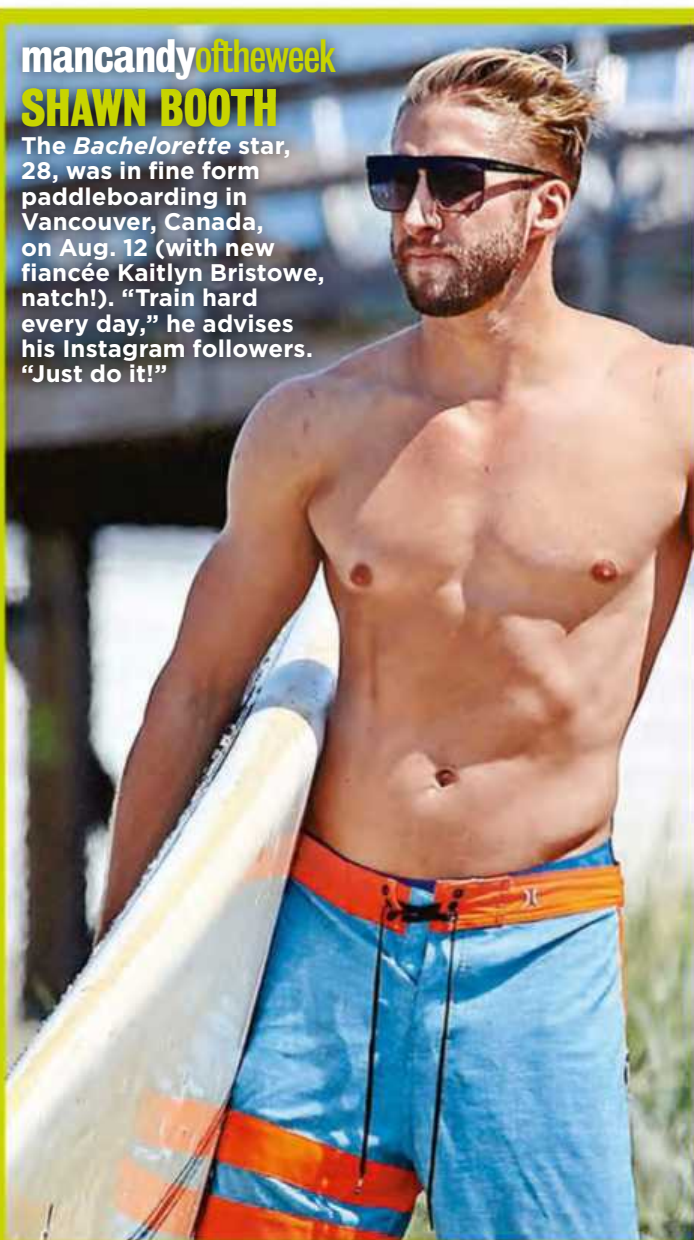
In a hilariously edited sketch on the Aug. 9 episode of *Bachelor in Paradise*, Clare Crawley, 34, had yet another conversation with a raccoon. "Do I look like an idiot?" she cried. "Yes, I do, because this is my third time here!" The raccoon tried to comfort her, but she just wanted to wallow: "It's so uncomfortable for me!" How do you think the raccoon feels?





mancandy of the week SHAWN BOOTH

The *Bachelorette* star, 28, was in fine form paddleboarding in Vancouver, Canada, on Aug. 12 (with new fiancée Kaitlyn Bristowe, natch!). "Train hard every day," he advises his Instagram followers. "Just do it!"



winner of the week

SANDRA BULLOCK

She nabs the lead role in *Our Brand Is Crisis*, even though the character was written for a man and was to be played by George Clooney.



loser of the week

TOM BRADY

Sketch artist Jane Rosenberg captures the Patriots QB looking like a decrepit E.T. during his NFL "Deflategate" court hearing. "Tell Tom I'm sorry," she says later.

video of the week

RITA & CHRIS GET STEAMY!

Boy, is it getting hot in here! Rita Ora, 24, and Chris Brown, 26, get hot and heavy in the raunchy music video for their new single *Body on Me*. During the four-minute-36-second clip, there is a whole lotta grinding, kissing and skin on display! "It's probably one of the most intimate videos I've ever done, but it's really exciting," admits Rita. That's an under statement!



Rita and Chris get up close and very personal



There's no denying the red-hot chemistry between these two!



How many takes were needed to capture these saucy scenes?!



**Ever
Notice?!**

Rihanna Is the Female Tom!

**RiRi's on a Mission:
Impossible — to
imitate in real life
Tom Cruise's
on-screen
characters**

It was a mutual admiration society when Tom Cruise, 53, went to Rihanna's concert and met the singer afterward. "Tom's hilarious," gushed Rihanna, 27. "It was such an honor; I'm a fan." The synchronicity between them doesn't end there: Rihanna has clearly taken fashion inspiration from some of the actor's most iconic roles!



SCHOOL OF ROCK

Rihanna pairs a black bandana with a fur coat, like Tom as Stacee Jaxx in *Rock of Ages*.



AN EYE FOR AN EYE

Rihanna patches things up like Colonel Claus von Stauffenberg, the Hitler hunter Tom played in *Valkyrie*.





STAR TENDER

Pour it up! Rihanna gets into the mix like Brian Flanagan, the bartender played by Tom in *Cocktail*.



FLY GIRL

Like Tom as Maverick in *Top Gun*, Rihanna feels the need for speed in a pilot suit.



What

Heather McDonald

Noticed This Week



No Twilight for Rob's Fiancée, FKA twigs

Singer FKA twigs, 27, recently admitted that she hasn't seen any of her 29-year-old fiancé Robert Pattinson's *Twilight* movies. If I was engaged to marry a vampire, I'd try to suffer through at least two installments on a plane. Although in FKA twigs' defense, it might be weird to watch your man fall in love with his ex, Kristen Stewart, 25, on-screen!

LISTEN TO Heather's podcast Juicy Scoop on PodcastOne.com.

THE RING OF TRUTH



Katie's Black Tooth

Katie Holmes smiles with a fake blackened tooth while starring in *All We Had*, which is also the 36-year-old's directorial debut.

In the Know

GET **INTOUCH** WITH ALL OUR EXCLUSIVE GOSSIP

First Justin Bieber, now Nick Jonas: Is Kendall Jenner purposely snapping up Selena Gomez's sloppy seconds? A friend of the *Come & Get It* singer tells *In Touch* that Selena, 23, is livid that Kendall is dating another one of her exes. "She feels like Kendall goes after all her men! She wants Kendall to back off and stay away from her leftovers," the friend says of Selena, who had dinner with her ex-boyfriend Nick, 22, on July 2 at LA's Osteria Mamma. Before Kendall, 19, started dating Nick, she was also linked to Selena's on-again, off-again beau, Justin, 21.

"Selena's genuinely hurt. She was trying to rebuild things with Justin while Kendall was hooking up with him. And now, just as Kendall is finally finished with Justin, she moves on to Nick — who Selena just went out with," says the friend. "Selena feels like a fool. She's upset and doesn't have any interest in being friends with Kendall ever again."

"She's being so catty and talking nonstop behind Kendall's back," says a friend of Selena's.



Selena vs Kendall: **STAY AWAY FROM MY LEFTOVERS!**





"Everyone was nervous around her," an insider says of Nicki.

WARNING: DON'T LOOK AT NICKI!

Keep your eyes to yourself! An insider close to Nicki Minaj, 32, tells *In Touch* that the rapper's entourage heavily enforces a rule not to look directly at Nicki. "At a recent photo shoot, Nicki's manager requested that the journalist interviewing her and the people working on the set not make eye contact or address Nicki under any circumstances," says the insider, adding that the rude restriction put everyone on edge. "The shoot lasted nine hours, so people spent the entire day fearing that they were going to lose their job over one wrong move."



Jen's nutritionist "has given her a cocktail of products Gwyn swears by," says a source.

J-LAW'S STEALING GWYNETH'S LOOK!

Jennifer Lawrence is not only romancing Gwyneth Paltrow's ex Chris Martin, 38 — she's copying the Goop guru's lifestyle, too! *In Touch* has learned that the *Hunger Games* star, 25, has hired Gwyn's glam squad to put her through a health and beauty boot camp. "She's seeing Gwyn's Beverly Hills facialist and instructed her to give her the same treatment," a source tells *In Touch*.

"She's also seeing [Gwyneth's longtime personal trainer] Tracy Anderson." Even more surprising, Jen — who has professed her love for pizza and French fries — has enlisted the help of the 42-year-old's nutritionist, Drew Prinz, "who has put her on a strict gluten- and dairy-free diet," says the source. "She's dedicated to getting a complete makeover."

PHOTOGRAPHS BY INF, PICTURE MEDIA, SPLASH



"Dean just won't take care of his son [Jack, below]," says a source.

DEAN'S A "DEADBEAT DAD"

Fatherhood has a price! Dean McDermott has been served with court papers, demanding that he pay five months' child support for 16-year-old Jack, his son with ex-wife Mary Jo Eustace, 53. "He's a deadbeat dad," a source says of the actor, who has four other kids with wife Tori Spelling, 42. "He never thought he'd be served." The papers, obtained by *In Touch*, show that Dean, 48, owes \$8,700, and has 30 days to pay up — or else. Says the source: "He could lose his driver's license or even wind up in jail."



"Halle has one of the foulest mouths in Hollywood," reveals a source.

HALLE'S NASTY NOTE

Hell hath no fury like Halle Berry scorned! A source tells *In Touch* the actress lost her cool on the set of her TV show, *Extant* — over her golf cart. "People were always taking it without asking," says the source. Finally, the 49-year-old had enough and "put a handwritten note on it that said, 'This golf cart belongs to Halle Berry. Keep your f---ing hands off.'" The sign was shocking, but it did the trick! "No one goes near it now," adds the source. "You don't want to mess with Halle!"

oh baby!



JUMP FOR JOY!

LA, Aug. 12

"I love when we have impromptu dance parties at our house," says **ALISON SWEENEY**, 38, of daughter **MEGAN**, 6. The duo show off their skills — on trampolines! — at the Crazy 8 back-to-school event.



Do I Look Like MOMMY or DADDY?

DADDY: She was just born on Aug. 12, but Della Rose is already a daddy's girl! The newborn gets her almond eyes from both dad Billy Joel and mom Alexis Roderick, but her full cheeks and oval face make her look more like the legendary singer.



They Grow Up So Fast!

inTOUCH celebrates this week's birthdays



AUGUST
26

Lorenzo turns 3!
Son of Nicole "Snooki" Polizzi & Jionni LaValle



AUGUST
27

Noah turns 2!
Son of Michael Bublé & Luisana Lopilato



AUGUST
29

Axl turns 2!
Son of Fergie & Josh Duhamel



AUGUST
29

Duke turns 3!
Son of Giuliana & Bill Rancic

Here's Looking at Me!

These silly stars get up close and personal with their wax doppelgängers



GETTING CHEEKY

NYC, Aug. 11

"It looks so much like me!" says **AUSTIN MAHONE**, 19, laying a sweet smooch on his wax clone during its unveiling at Madame Tussauds in NYC.



Getting his licks in!

TONGUE-LASHING

San Francisco, Aug. 10

"Feel free to touch my wax bum!" quips **SAM SMITH**, 23, who called getting a Madame Tussauds wax figure "surreal."

TWIN PEAK

London, July 30

HELEN MIRREN, 70, assesses the breasts on her Madame Tussauds figure. "This is amazing. I feel like my husband looking at me!" says the Oscar-winning actress.



slipups



Off-Broadway outfit!

I DUPLICATED THE DREAMCOAT!

NYC, Aug. 7

Exit stage right! **ZENDAYA**, 18, could be wearing a costume from the musical *Joseph and the Amazing Technicolor Dreamcoat*.

Did I Re



I MIMICKED A MOP

Toronto, Aug. 9

ARIANA GRANDE, 22, looks ready to wipe the floor in this stringy skirt.

ally Do That?

I COPIED A CAR WASH

Las Vegas, Aug. 8

Fringe benefits!
CHRISTINA MILIAN, 33, cleans up nice with her soap suds-friendly sleeves.



I WENT GRECIAN GODDESS

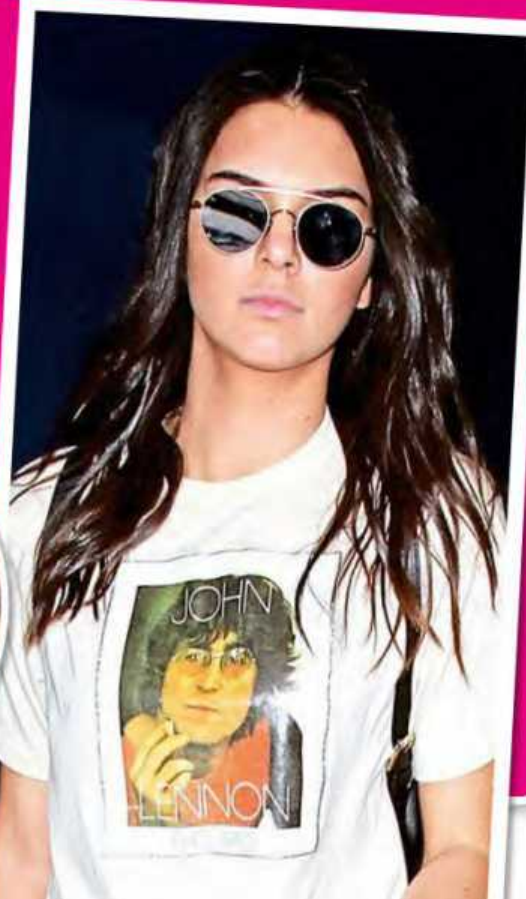
St Barts, Aug. 17

KOURTNEY KARDASHIAN, 36, looked part cupcake, part gladiator as she stepped out in her gilded footwear.

I LIFTED FROM LENNON

LA, Aug. 11

As if her John Lennon T-shirt isn't enough of a fan fashion statement, **KENDALL JENNER**, 19, also wore a pair of the singer's signature sunglasses.





MOMMY & ME

Practice makes perfect! "It's very easy to see human features in bears," says photographer Jorma Lehti, who caught these cubs learning to climb trees like their mother in Kainuu, Finland. "Especially in their family life."

SNACK TIME

The chimpanzees at Serengeti-Park in Hodenhagen, Germany, beat the heat with popsicles.

Stay cool!





READY FOR A CLOSE-UP

This husky isn't really pulling a Kardashian! Travel bloggers Chanel Cartell and Stevo Dirnberger got the selfie-like shot by letting the dogs at a husky training and sledding center in Alta, Norway, jump on them. This photo, says Chanel, "came out exactly how we wanted!"



A little to the left

EASY, TIGER

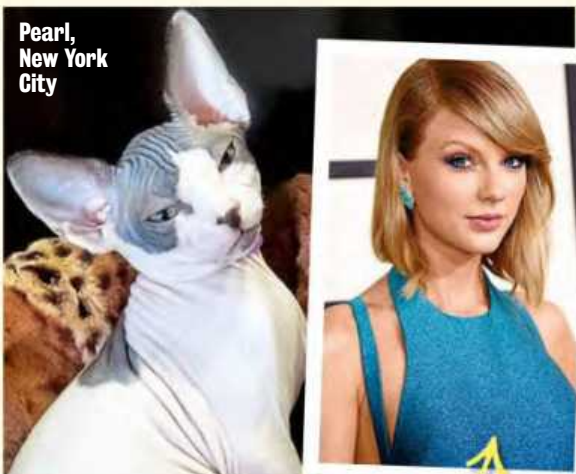
A rare Amur tiger cub plays with its mom Tschuna — and gives her a back scratch — at the Yorkshire Wildlife Park near Doncaster, England.



DOUBLE CREATURE

Does your pet resemble a celebrity?
Email us: pets@intouchweekly.com

Pearl,
New York
City



TAYLOR SWIFT!

Sphynx cat Pearl has "the same eye shape" as the famous feline lover, says owner Debbie Ullman. Her love-life mirrors the *Bad Blood* singer's, too. "She has a penchant for the opposite sex — mostly the neighborhood dogs!"



SETH MEYERS:

“Kermit the Frog and Miss Piggy announced that they’re ending their relationship of nearly 30 years. I guess Miss Piggy just has a fear of Kermitment.”



CONAN O'BRIEN:

“Michelle Obama’s Let’s Move! program may have caused people to gain weight. Apparently, many mistook the slogan to mean, let’s move ... next door to a Cinnabon!”



JIMMY FALLON:

“Shakespeare

may’ve been high when he wrote some of his plays. Which explains the line: ‘To be or not to be ... Wait, what was the question?’”



RICK ROSNER:

“The O.C.’s creator has a new horror series, set in IKEA.

The store is haunted by couples who’ve broken up while arguing over a couch.”



WILL PRESTI:

“Man arrested at Ohio zoo for petting a cougar. Officials still unsure how he got past **Madonna’s** security guards.”



ELIZA BAYNE:

“Kim Kardashian’s pregnant nude photo sends an important message: She wants women of all shapes and sizes to be proud of her body.”



Kate calls stepdad Kurt her 'pa', adding, 'This is a man who made his family his number one priority his whole life'

We are family

Kate once admitted her biggest luxury is 'time at home to be with my kids,' and as her Insty account shows, she makes the most of these special moments. 'In this home... We do second chances. We do real. We do mistakes. We do I'm sorry's [sic]. We do LOUD REAL WELL. We do hugs. We do TOGETHER best of all. #SnuggleTime,' she captioned a cute snap of the trio cuddling on July 25. While the star claims her family is 'unconventional' because 'I've got two children from two different fathers', it's certainly a happy one, especially since she's still close to the boys' dads.



'At heart, I'm an old-fashioned family girl,' Kate admits, pictured with Ryder

together – and Mark Wahlberg, who she's been having a ball with. 'No Monday blues when you're working with these fellas,' she captioned an Instagram photo of the two stars. And later this month she's set to start filming romcom *Mother's Day*, which will be out next year.

But it isn't just Kate's co-workers who have been won over. The bubbly star's managed to stay on good terms with her exes, too.

Former fiancé Matthew Bellamy, who she split with in December 2014, has nothing but praise for his one-time love. 'We had a great relationship, she's a lovely person, we're better off as friends,' says the Muse singer, with whom Kate shares four-year-old son Bingham. 'We're family for the rest of our lives,' agrees Kate.

And her 2007 divorce from rocker Chris Robinson – who is the father of her 11-year-old son Ryder – was just as amicable. 'Chris and I had no animosity... we remain extremely close,' she says.

Another thing keeping Kate smiling is the great support system she has in the form of her tight-knit family – mother Goldie Hawn, 69, stepfather Kurt, 64, and brothers Oliver Hudson, 38, and Wyatt Russell, 29. Kate's nearest and dearest often pop up on her social media, for which she's also becoming known. The actress's often hilarious Instagram videos have been going viral, like the amazing clip of her and son Ryder dancing and rapping together in an airport lounge last month. And then there's her four-part dance routine to *Uptown Funk* co-starring her pal Cara Delevingne, which garnered over 26,000 likes. It's no wonder she has two million followers!

The world may be in love with her, but Kate is flying solo for the moment. Despite being linked to Chris Martin and Derek Hough since her split from Matt, the actress is content with just the two little men in her life, Bingham and Ryder. But she does have her eye on one Hollywood hottie – strictly professionally, of course! 'Leo [DiCaprio]! I would love to work with Leo,' she admits. ●

Kate's HOT BOD TIPS

'GETTING HEALTHY IS NOT A TWO-WEEK PROCESS, IT'S A CHANGE OF LIFESTYLE,' SAYS KATE. HERE'S HER GO-TO GUIDE TO TONING UP AND LOOKING FABULOUS!

● 'Espresso is part of my get-fit secret!' Kate admits. 'When I've got to get into shape for a film, I have to be dedicated. So, the first thing I do after waking up is have a shot of espresso and a grapefruit juice – it's a natural way to kick-start your metabolism.'

● Kate has some specific rules about drinking. 'No wine and no beer – only vodka and only tequila, straight up,' she says.

● She believes cheat days are a must! 'I try to make [the] alkaline [diet] my normal and then have fun.'

● 'My work-out routine is generally cardio for 20 to 40 minutes, then I'll take the kids to school and when I come back, I'll do 30 minutes of core work. Finally, at 9.30am, it's breakfast time! This routine really revs up my metabolism.'

● Kate loves eggs for breakfast. 'Soft-boiled eggs. I do a five-minute soft-boiled egg – it's my favourite thing on the planet.' Nutritionist Michele Chevalley Hedge

tells OK! they're a great choice. 'I love, love, love eggs for breakfast or any time of the day. Because they are the perfect protein with all the essential amino acids,' she explains.

● 'Anything is better than nothing,' insists the actress. 'Even if you do a couple of squats in your back garden, at least you can say, "I did 10 squats!"'



'I've been an athlete since I was little – it's just something I love,' says Kate

TEXT BY OLIVIA O'BRIEN

WHO IS EMILY RATAJKOWSKI?

THE SULTRY STARLET INSISTS SHE'S MORE THAN A SEXY
SIDEKICK IN A VIDEO CLIP

She's got one of the most recognisable faces – and bodies – around, and has a whopping three million Instagram followers. But before finding fame as Ben Affleck's mistress in *Gone Girl*, Emily Ratajkowski captured our attention in THAT *Blurred Lines* video. Now, the 24-year-old wants to be known for more than her enviable measurements. 'I want to establish myself as someone who can act and doesn't have to rely on my figure or modelling background,' she says.

But according to director David Fincher, it was these qualities that landed her the *Gone Girl* part. 'We needed somebody where, at the moment she appears, the women are going, "That is unconscionable and despicable." And you also have the men going, "Yes, but..."', he says of the casting process. And so Ben said, "Yeah, like the girl in the *Blurred Lines* video."

Now she's set for her next sexy stint on the big screen, as Zac Efron's leading lady in *We Are Your Friends*. OK! uncovers all there is to know about the sultry rising star...

BARING ALL

From the get-go, Emily was taught by her mum that nudity didn't have to be 'dirty or gross or objectifying'. Those wise words gave her the confidence to pose nude in countless magazines, from *CR Fashion Book* to *Sports Illustrated*, *Acclaim* and numerous *GQ*s. 'I have always felt great about nudity... I never felt there was this sexuality that was immediately tied to nudity.'

And the model-turned-actress confidently flaunts it. 'My mum taught me to never apologise. She always said, "Just love yourself. That's all that's important."'



I never felt there was sexuality tied to nudity

CRACKING HOLLYWOOD

She was cast in *Gone Girl* because of her looks, but after a string of fleshy roles in music videos and films alike, she's sick of being a 'bikini sex symbol' and fears it's affecting her chances of snagging a serious role. 'When people Google my name they see this bikini sex-symbol kind of thing and they're scared to cast [me] as anything but that,' she told British *GQ* of her unfortunate predicament.

HE DOESN'T DATE STARS

Back in 2014, she was linked to her *marrie* *Gone Girl* co-star Ben and called their raunchy sex scene 'a little surreal', but off camera, Emily prefers to be on the arm of unknowns. In 2013, she hooked up with businessman Andrew Dryden, before ditching him a hanging out with musician Jeff Magid, who makes the occasional appearance on her Instagram page. But only on-screen baddy Ben gets a mention in the press. 'I went into an audition and there's this really tall, handsome guy,' she said of their first meeting, cheekily adding, 'he's a very good kisser!'

GROWING UP

Emily's artist father John knew her star potential from early on, but was blown away with the results of her first nude shoot, even dropping her a message to say so. 'I just saw the photos and you're as beautiful a model as you were as a five-year-old,' he wrote.

Born in London before relocating to sunny California as a child, the LA local says nudity was never taboo in the Ratajkowski household. 'Growing up, my family spent every summer in Mallorca and Ireland and my mum, who is an English professor and a hippie, was always topless at the beach.'

BODY OF WORK





When a fan called her 'goofy', she said, '[I've] always been close to my dad & have always had a lot of guy friends so maybe that's why?'



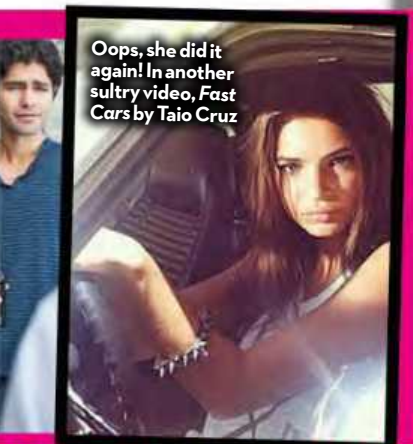
Emily's Insty is packed with body snaps. 'So so busy!' she jokes

CELEB CLIQUE

'I have been so lucky, especially in my young adult life, to have a lot of really good girlfriends,' Emily says of her hot line-up, including the likes of Chrissy Teigen, Jessica Gomes, Sara Sampaio and Emily Didonato. 'I have a really solid group of girlfriends who I love and it makes me so happy.' Earlier this year, Emily scored herself a spot in one of the most coveted Girl Squads around, alongside Cara Delevingne, Gigi Hadid and Kendall Jenner, just to name a few.

'I'M OVER BEING NUDE'

'I think I've done enough nudity now that I don't really need to do *Blurred* again. Like, if someone asked me to do it now, I'd probably say no,' Emily says of the gig that made her famous. Someone may want to tell her to tone down her scantily clad Insty posts if she wants to diversify. ●



Oops, she did it again! In another sultry video, *Fast Cars* by Taio Cruz

TOMBOY AT HEART!

Fans might be surprised to hear that Emily has always been a tomboy who gave up theatre as a child to play soccer with the boys. 'A misconception about me is that I'm a sexy girl who wears fancy dresses all the time... but in reality I'm kind of like a tomboy.'



Darren McMullen

My pride UNDER MY KILT!

THE TV HOST SHARES HIS VIEW ON ROMANCE, POLITICS
AND WHAT IT REALLY MEANS TO BE A SCOTSMAN

One thing's for sure, host of *The Voice* and star of *House Husbands* Darren McMullen is far from shy. Upon arrival at OK!'s photo shoot, he warns us

there's nothing under his kilt.

'It's only my pride under there,' he chuckles, before launching into an unfortunate story about an encounter he had with a paedophile – now in jail – who lured him into a kilt when he was a young boy back in Scotland (thankfully, a clued-in Darren couldn't be coaxed out of his boxer shorts).

After a morning spent together, we feel as if we know the 33-year-old all too well! From his views on the paranormal to his thoughts on the politics of our Prime Minister, and how he keeps the romance alive with his American girlfriend, *Teen Wolf* hottie Crystal Reed – the screen star has full, er, commando of our attention from the get-go.

Are you enjoying being in a kilt today?

I feel very patriotic. I usually wear it to weddings and it proves to be highly entertaining, especially towards the end of the night. I went to a friend's awesome Scottish-Indian wedding, and the old



'I'm glad *House Husbands* has tackled gay partnerships and gay adoption,' says Darren, who plays gay librarian, Alex. 'It's time for a shift'

Red-hot romance

Darren says his girlfriend of two years, actress Crystal Reed, 30, is fine with him working in *Oz* while she's in L.A. 'There's Skype... we ended up on there for six hours yesterday watching movies.' And he says they recently took their relationship to the next level. 'We went to Scotland where she met all the family,' he tells. 'She's definitely a keeper.'



'I can't wait until the holograms come out and then she can be sitting in the bed next to me,' says Darren of long-distance love Crystal

DARREN WEARS LAGERFELD JACKET AND SHIRT; CELTIC DESIGN STORE
KILT AND ACCESSORIES; BRANDO BOOTS

Indian ladies got really naughty by the end of the night and were like, [in Indian accent] 'Let me see under your skirt.' It was shocking!

So it's a rule to wear nothing underneath?

Exactly. No true Scotsman would be wearing underwear under his kilt. It would be like an Australian wearing socks with their thongs.

You left Scotland at the age of 12 to come to Australia. Was that a big culture shock?

I was excited. I thought I was going to be living like *Crocodile Dundee* and then we moved to the suburbs of Melbourne and it was more like *Neighbours*. When I was growing up, I used to come home from school crying because everyone was teasing me about my accent. I got, 'That's no how you eat porridge' all the time because that was on TV.

But you still have your accent?

Yes, because then I got to about 14 and I was like, 'Hold on, the girls actually like my accent'. It was the boys that were actually teasing me. I could definitely handle that, so I held onto it for dear life.

“
*No true Scot
would wear
underwear
under his kilt*

You made the move to LA two years ago – how's life over there?

I haven't been there! [Laughs] I've been living out of hotels for about a year now. Once I've finished *The Voice* I'm heading back and I'm looking forward to it big time. I've got this new home over there in The [Hollywood] Hills. It's Bette Davis's old place. It was built in 1925 and she haunts the place, for sure. The lights flicker and my dogs wig out all the time. I've never witnessed any paranormal activity, but it does feel like there's a presence there.

How does Crystal find being in the haunted house without you?

She's fine, it's more me when I'm at home by myself at night... there are creaking floorboards! Crystal and I get to see each other often, though, we have a two-week rule.

You've been together for a while. Have you thought about popping the question?

I don't know, we aren't rushing down the aisle. I don't think that marriage is really important



'I'd actually like to wear a kilt for one of the live shows [of *The Voice*]!' Darren laughs



Darren dismisses rumours that he and co-host Sonia Kruger are at odds, calling her 'an awesome chick'

War on The Voice

'It's silly and absolute nonsense,' Darren says of claims there's a rift between him and co-host Sonia Kruger. 'Apart from my awful singing and my terrible '80s music... I don't think that we have any problems.' The same can't be said for the feud between Delta Goodrem and Jessie J. 'It was so awkward. I stayed well out of it! I wasn't getting involved, no way.'



Back in 2004, Darren and Ruby were both MTV VJs together

Ladies' man

The first season of *The Voice*, back in 2012, saw Darren getting very cosy off-screen with coach Delta Goodrem, 30. A year later, Darren finally admitted 'we had something going on', but he insists there's no awkwardness now the songbird has returned after a year off. 'We're all having a ball, we are still very close,' he says.



The *Voice* host was seen giving Delta some hands-on help with her golf stance in 2012

Ruby's a gem

In 2008, Darren hit the social scene with sidekick Ruby Rose, who he still keeps in touch with. 'She's absolutely phenomenal,' he says of his one-time party pal, who's scored a job on hit show *Orange Is the New Black*. 'I probably wouldn't have guessed back then that we'd both be where we are today,' he says. 'But we're both pretty determined'.

to either of us and I don't think that it would happen until everyone in this country is afforded the right.

You could get married in America, though?

We could! It's a bit sad for Australia that a country that has been quite conservative in the past is leading the way with marriage equality. It's an absolute embarrassment and a stain on Australia's global reputation.

You play the role of a gay man on *House Husbands*. Has that made you even more passionate about marriage equality?

Yes, and most of my friends are gay. I mean, Tony Abbott has a gay sister... what kind of man could grow up with someone he loves and put policies in place that don't treat her like an equal human being? It just blows my mind, the

measure of that man. He's an evil person and definitely on the wrong side of history.

How do you feel about fatherhood?

I think it's something that I definitely want down the track. Whenever I get a little bit clucky, which is a lot actually, I hang out with my nieces and nephews for a weekend and then I'm done. I think I can put it off for another few years.

What's the plan for your acting career?

I think I will eventually end up on stage. I've just signed with CAA [Creative Artists Agency] and it doesn't get bigger than that. I've always dreamed of Broadway, I'm a big musical theatre nut, I go mad for it and I get goosebumps and I cry when I see musicals, all of them. ●

Watch *The Voice* Sunday, 7pm, and *House Husbands* Monday, 8.40pm on Channel 9

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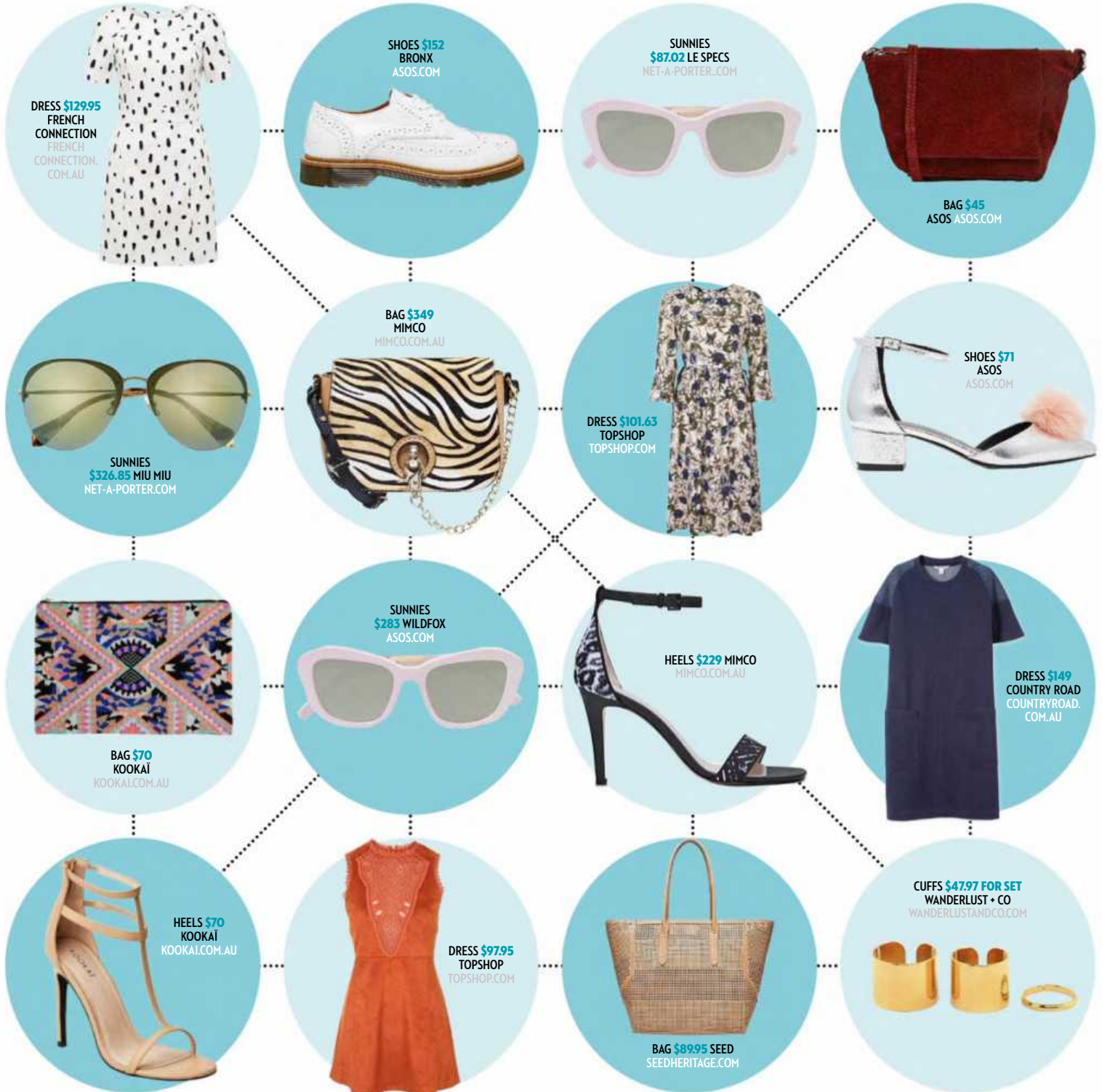
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Women's Weekly

Woman's Day

Miranda shares her SIMPLE SECRETS

The Aussie stunner tells how she stays healthy – inside and out

It's not hard to be jealous of Miranda Kerr. She has her own beauty empire, was a Victoria's Secret Angel, has a gorgeous four-year-old son, Flynn, with Orlando Bloom and is currently dating Snapchat billionaire Evan Spiegel. But before we give up and head for the tub of ice-cream, the realisation dawns that while the 32-year-old Aussie is genetically blessed, it's her discipline and dedication to living a healthy life that is really impressive.

'I like to exercise every day, but I mix it up,' she says. 'Sometimes I'll go for a walk or run, or I'll do Pilates or resistance training. I may even just put some music on and let Flynn dance around while I hold the plank position for 10 minutes to strengthen my core.'

While she insists that

having 'an active daily routine helps', it's what you put inside your body that really counts. 'I've learnt that if you feed your body with the right nutrients then you feel your best and you can be your best,' Miranda says.

Feeling inspired to make some healthy tweaks to your routine? Take a sneak peek at what Miranda eats to fuel her body...

EXPERT VERDICT

Geraldine Georgeou, dietitian:

'Miranda eats a healthy mix of fresh lean proteins, wholegrains, vegies and active nutrients such as turmeric. A glass of warm water with lemon helps boost her immune system as it's rich in vitamin C. I suggest she add milk, yoghurt and fresh fruit to the protein shake to ensure a low GI carbohydrate for sustainable energy throughout the morning. Miranda chooses good antioxidant-rich foods such as leafy vegetables, blueberries and turmeric, which is a natural anti-inflammatory.'

9/10

Day on a Plate

FIRST THING

'My morning routine starts with warm water and lemon, then a protein shake.'



BREAKFAST

'Eggs over easy, avocado, sauerkraut, sea salt and macadamia nut oil.'



LUNCH

'Grilled chicken and salad.'



SNACKS

'Blueberries, almonds or goji berries. I also love an apple with almond butter.'



DINNER

'Quinoa salad with chicken cooked in coconut oil and turmeric, with a spinach and walnut salad.'



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THE GUIDE

THE ULTIMATE GUIDE TO THE HOT
THIS SEASON UP OF WHAT'S HOT
IN ENTERTAINMENT

HOT
ON THE
BOX

Secret hook-ups exposed

BUSTED WITH THE WINNER!

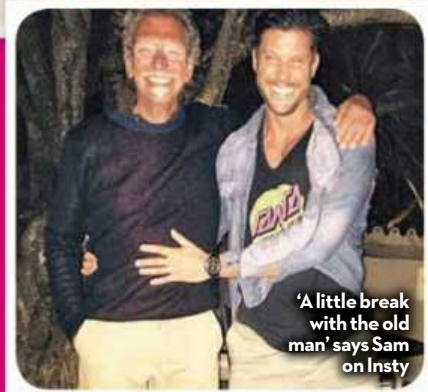
THE BACHELOR'S FRIENDS REVEAL
THAT HE HAS FOUND HIS DREAM
GIRL AND IS MEETING HER IN SECRET



Has Snez been
sneaking off for
some fun in the
sun with Sam?



Heather was
caught out
calling Sam her
'partner'



'A little break
with the old
man' says Sam
on Insty

HAS SHE MET THE FAMILY YET?

Sam has been spending his
down time catching up with
his brother and father.
Perhaps the lucky lady has
also joined Bachie on this
little trip. Isn't he tempted to
shout his happiness from the
rooftops? 'No... they'll have
to wait and see,' he says.

Sam Wood has tried every trick in the book to not give away if he picks a Bachelorette at the end of the season, but pals close to the personal trainer have exclusively revealed to *OK!* he chose his dream girl and they're dating in secret! 'Sam has been meeting up with her in secret resort locations every fortnight,' the friend tells *OK!*. 'It's totally on!'

When *OK!* was chatting to Sam while he was relaxing with his family in Byron Bay, he did reveal that he had found love and he was counting down the days to go public with his chosen lady.

'It will be a relief to be with the girl in public and to enjoy each other's company without the secrecy,' Sam tells *OK!*.

The 35-year-old says the secret meet-ups were getting harder to plan. 'We can't really, because everyone is so curious about it. We have to understand that it's one of those things that will soon be over, and hopefully it's a small price to pay for a lifetime of happiness together,' he says.

While he won't reveal who he has found love with, he says his friends have it narrowed down to Heather or Snezana, and cosy snaps of Lana and Sam also suggest she's in the running.

Heather, however, might've cleared up the question of exactly who the Bachelor ends up with when she let slip while speaking to KIIS FM's Monty and Zoe this week. The 29-year-old filmmaker said she has found an 'incredible friend as well as a partner' in Sam.



Sam and Nina broke records with their never-ending kiss atop Sydney's Harbour Bridge



He and Heather shared a passionate smooch on her white rose date



But single mum Snezana was the first girl to lock lips with the Bachelor

Loose lips! 'SAM'S SNOGFEST HURT!'

THE BACHELOR JUST CAN'T KEEP HIS LIPS TO HIMSELF

'It sucks,' admits straight-talking wedding planner Nina, 28, of the fact that the majority of the mavens in the *Bachelor* mansion have shared a kiss with Tasmanian-born Bachelor, Sam. 'I remember the intruders came in and one of the first questions they asked was "Has anyone kissed Sam?" We all had a bit of a laugh and kind of said, "I think nearly everyone has at this point!"'

But while the remaining ladies left in the house put on a brave face in front of the cameras, behind the scenes they were reeling over the smooches Sam was dishing out.

'It certainly hurt,' reveals Nina. 'We all knew about each other's kisses, but it wasn't something we'd sit around the dinner

table and talk about.'

Former Bachelorette Jasmin, 24, says the kissing controversy was a point of much tension between the girls, and they would be in 'shock' each time they discovered Sam had smooched another lady.

'It did take us aback... perhaps Sam should have been more aware of the other girls. Maybe he was just too caught up in the moment and forgot that he was dating the rest of us as well?!'

As for Sam, he puts his bountiful kissing practises all down to research. 'I do think it's important to find out if we connect physically. I don't want to leave it to the very end to kiss a girl and find out that we don't connect in that way like I hoped we did.'



MTV VIDEO MUSIC AWARDS
MONDAY, 11PM, MTV

★★★★★

Miley Cyrus will be bringing the crazy as host while Tay Tay is planning an 'epic' performance. Expect plenty of stars trying to outshine each other.



NEIGHBOURS

TUESDAY, 6.30PM, ELEVEN

★★★★★

Ramsay Street takes love triangles to a whole new level, devoting an entire episode to the three characters, Brad, Lauren and Terese.



THE BLACKLIST

MONDAY, 8.30PM, CHANNEL 7

★★★★★

Persistence pays off in this season finale when Liz Keen (Megan Boone) finds out the awful truth about her past. A shock death is also in store.

Lana's a lifesaver

MOVE OVER COOL GIRL HEATHER - THERE'S A REAL HERO IN THE HOUSE!

Don't judge her by her sparkly dress! There is much more than meets the eye to Lana Jeavons-Fellows, 27. The healthcare PR rep tells OK! that she's been saving lives since she was 16. 'I was out at a restaurant with my family and I saw waiters helping a man on his side... I'd just finished doing my First Aid certificate at school so I gave him CPR for 15 minutes until the

ambulance arrived.' The Sydneysider's act of kindness earned her an award, and she didn't stop there. More recently she trekked up Mount Kinabalu - the highest mountain in Malaysia - with her model pal Laura Dundovic to raise money for seriously ill children in Cambodia with Open Heart International. 'It's something very close to my heart,' she says.



The courageous act saw Lana receive a commendation for bravery from the Governor Marie Bashir in 2005

Watch The Bachelor Wednesday and Thursday, 7.30pm, on Channel 10

THE GUIDE

Baby Luca, 17 months, is happy to be home after travelling with his parents while they filmed the show

The Hotplate's Aron & Vanessa

THE TRUTH ABOUT OUR RELATIONSHIP

ALL IS NOT AS IT APPEARS WITH THIS AMBITIOUS PAIR

Watch The Hotplate finale Wednesday, 7.30pm, on Channel 9

While they come across as your average hard-working new parents, owners of Sydney's RockSalt, Aron, 30, and Vanessa Filetti, 26, have opened up to *OK!* about the struggles they've had when it comes to running their restaurant, and why everything – including their relationship – has had to take a back seat.

The end is near – how are you feeling now that it's finals week?

Vanessa: Relieved. We're getting to the business end of this whole experience and everyone's just kind of a bit over it! Luca looks at an airport now and he cries.

Aron: It's actually been good to spend some time with Luca. At home I'm working six days a week from 11am until 1am.

How do you keep your relationship alive?

Aron: It's hard. It's a big juggling act, and really stressful with the mortgage, the baby and the restaurant always eating our money.

Vanessa: That's why we're focused. It'll be nice if we can remove that financial pressure.

Aron: We eventually want to have more kids and we'll need a bigger place than our two-bedroom apartment, so for now it's all about work for us.

Are you going to take a few days off after the show finishes?

Vanessa: No. We don't take days off, everything is about the restaurant. Our honeymoon [they married in January] had to be in the quietest time and only for a week. I don't go to my friends' hen's parties or birthdays...

Aron: We never see our mums for Mother's Day. Vanessa even went into labour at work and was back at the restaurant the day she got home from hospital.

Vanessa: I would breastfeed Luca in the back office between waitressing.

So we guess that means there isn't any time for date nights?

Aron: It's all about work.

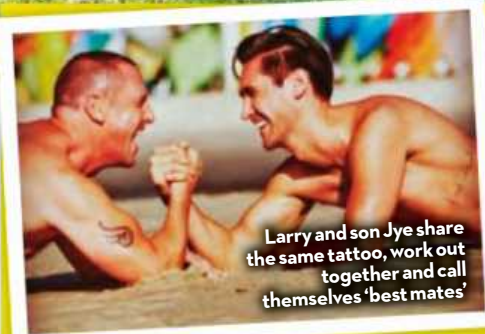
Vanessa: I found that really hard at first. We got the restaurant only eight months after we met, and Aron would snap at me at work and I'd take it to heart. There were a lot of nights where I'd cry myself to sleep.

Obviously winning the \$100,000 prize from The Hotplate would make a huge difference to your lives going forward.

Aron: We do want a big family!

Vanessa: I think if we won five million, Aron would still go to work.

Aron: If we do win I might consider taking an extra day off work.



Larry and son Jye share the same tattoo, work out together and call themselves 'best mates'

KEEPING UP WITH THE EMDURS

MEET THE HOTTEST FAMOUS FAMILY TO BE IN AUSTRALIA

He may have some hot competition on the dance floor, but *Dancing With The Stars* contestant and *The Morning Show* presenter Larry Emdur, 50, is in danger of being outshone by his two kids, who are making a name for themselves as models. 'Dad loves that we're enjoying modelling,' admits Larry's son Jye, 21, of his and 16-year-old sister Tia's foray into the world of fashion. 'Dad always joked that he didn't want us to join the industry because he didn't want us to rival him,' he laughs. 'I don't think he has anything to worry about... although I'm not sure how he's gotten so far on *Dancing* - he once got us kicked out of a place because of his two left feet!'

Watch *Dancing With The Stars*, Sunday, 8pm on Channel 7

The Voice

BORING BACKLASH

AS OK! DISCOVERS, THERE'S NOTHING TO SEND YOU TO SLEEP ABOUT THIS SEASON'S TOP FOUR STARS



LIAM: 'THE VOICE GOT ME A GIRL'

While the show has kept Sussex Inlet's Liam Maihi, 24, from giving his full support to his mum while she goes through cancer treatment, he has found time for love. 'I've known her for a while,' he admits of his new lady. 'We do music together.'



JOE: 'CAMERON DIAZ IS CRAZY COOL'

Sydney's Joe Moore, 24, admits the highlight of *The Voice* for him was meeting coach Benji Madden's wife. 'Meeting Cameron, that's probably the most starstruck I've been,' he tells. 'She's absolutely stunning. Benji was very proud!'



ELLIE: 'I EMBRACE MY BODY SHAPE'

Ellie Drennan, 16, credits her new-found confidence to coach Jessie J. 'She's like my sister,' she explains. 'She tells me to stay true to myself, and I do... even in wardrobe. I shouldn't have to change for others.'

Watch The Voice Sunday, 7pm, on Channel 9



NATHAN: 'I'M NOT BORING!'

Central Coast busker Nathan Hawes, 18, has been branded 'boring' by some viewers, but he's not changing. 'I know who I am as an artist. If I changed it up, they'd say I'm unsure of myself. You can't win.'

THE GUIDE

Pop's TV takeover FROM STAGE TO SCREEN!

NO AUDITION REQUIRED...

Shut the front gate! The one and only Ed Sheeran will appear on our very own *Home and Away* on September 3. The muso takes on the role of Teddy, a now grown-up child that Marilyn (Emily Symons) once babysat back in the UK. On the special episode, the singer will perform and flex his acting chops, which he's been fine-tuning for some time now.

Ed, 24, has also recently worked on upcoming series *The Bastard Executioner*, which takes him a little further out of his comfort zone as Sir Cormac, an ambitious protégé of a 14th Century church elder. But it's the period costume that he finds most challenging. 'It's quite hard to pee,'

chuckles Ed of the tights he has to wear. 'I haven't even tried going number two. That's going to be very hard.' Also making forays into the acting world are singers Nick Jonas and Ariana Grande on *Scream Queens* (coming soon to Channel 10), Demi Lovato on FX series *From Dusk Till Dawn* and Lady Gaga will appear on season five of *American Horror Story*.

While most actors slog it out for years on the audition circuit, don't think these stars have such difficulties. Co-creator of *AHS* Ryan Murphy says that all Ms Gaga had to do to secure her role was send him a simple text. 'She wrote and said, "I love the show, would you consider putting me on it?" And I wrote back, "YES!"' Lucky Lady!

Watch Ed Sheeran on *Home and Away*, September 3, 7pm, Channel 7

Ariana Grande (right) stars alongside Abigail Breslin and Billie Lourd in *Scream Queens*...

... while Nick Jonas plays Boone in the new series

Demi Lovato, here with director Robert Rodriguez, appears in *From Dusk Till Dawn*

Lady Gaga has scored her first major acting role in *American Horror Story*

And the other way around... ALL HAIL HAILEE

FROM OSCAR NOMINEE TO CHART-TOPPER

Pitch Perfect 2's Hailee Steinfeld, 18, won us over with her pigtail-wearing Oscar-nominated role in 2010's *True Grit*, but it's her recent move into the musical world that has grabbed everyone's attention. The starlet, who will appear in upcoming film *The Keeping Room* alongside Sam Worthington, has just released her debut single *Love*

Myself, which is going gangbusters around the world, and the actress-slash-singer couldn't be happier. '[Singing] has always been a passion of mine that really only recently I had the opportunity to do something with 110 per cent,' she says. '[I could only] hope of it ending up near where it is right now. It's just insane.'

Hailee describes her music as 'unique pop' with her album due out later this year

TEXT BY CARRISSA LAWRIE MOVIE REVIEWS BY GAVIN SCOTT



SIMPLY SOUP...

MOVIES
OF THE
WEEK

WE ARE YOUR FRIENDS



STARS Zac Efron, Wes Bentley,
Emily Ratajkowski, Shiloh Fernandez
RATED MA15+ ★★★★★

Officially touted as the *Saturday Night Fever* for the millennial generation, it'd be just as fair to say that this film does for the DJ scene what *Entourage* did for acting. Instead of rising star Vince Chase, we have aspiring DJ Cole Carter (Zac Efron), who, along with his three coattail-riding mates, is looking for a better life. Through a chance meeting with DJ James (Wes Bentley), his dreams start to come true. And that's the problem - nothing feels earned. Apart from a few darker moments, the film lacks substance.



RICKI AND THE FLASH

STARS Meryl Streep, Mamie Gummer,
Rick Springfield, Kevin Kline
RATED PG ★★★★★

Meryl Streep is one of the world's finest actresses, but comedies that require her to sing are her Achilles heel. She doesn't quite convince as broke rocker Ricki Rendazzo, who abandoned her husband and three kids to chase fame. Years later, there's plenty of friction when Ricki reconnects with her family (including Julie, played by real-life daughter Mamie Gummer) - and it's the more dramatic scenes that allow Meryl to shine.



SHE'S FUNNY THAT WAY

STARS Imogen Poots, Owen Wilson, Jennifer Aniston
RATED M ★★★★★

Don't be fooled by the word 'funny' in the title of this wannabe screwball comedy that goes behind the scenes of a Broadway production. Unfortunately, it's not. That's not to say it doesn't try - but you need more than a web of interconnecting relationships and a series of unlikely coincidences to generate laughs. The star-packed cast is led by Owen Wilson as the show's director and Imogen Poots as a call girl he's been seeing who unexpectedly turns up for an audition - and lands the part alongside his wife.



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PUZZLES



OK!'s Carrissa and Jane hung out with The Voice's Darren McMullen this week

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PHONE: (02) 9282 8000

GPO BOX 4088, SYDNEY, NSW 2001

EMAIL: MAIL@OKMAGAZINE.COM.AU

Editor-in-Chief Nicole Byers

ACTING EDITOR Lucy Walker

Art Editor Katrina Mastrofilippo

Acting Deputy Art Director Karen Birkemoe

Photo Director Jane Flood

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ADVERTISING

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ACROSS

1 Blake Lively romantic drama, *The _ Adaline* (3,2)

3 Science-fiction action thriller sequel to *Divergent* (9)

7 Socialite who was in the reality TV show *The City*, Olivia _ (7)

9 Arnold Schwarzenegger reprises a famous role in *Terminator _* (7)

11 Horror series, *The Walking _* (4)

13 _ Robertson stars in *Tomorrowland* and TV series *Under the Dome* (5)

14 *Game of Thrones* cast member in *The Longest Ride*, _ Chaplin (4)

17 Film starring Ralph Fiennes, *The _ Budapest Hotel* (5)

18 Oscar-winning *Walk The Line* actress, _ Witherspoon (5)

19 Actress and singer who stars in *The Artist* and *Gone Girl*, _ Pyle (5)

21 Drama based on the life of Bob Dylan, *_ There* (1,1,3)

23 Romantic comedy starring Kate Hudson, *How to Lose _ in 10 Days* (1,3)

24 *X Factor* contestant who won *Dancing with the Stars*, Johnny _ (5)

27 Natalie Portman and Mila Kunis ballet thriller, *Black _* (4)

30 Romantic comedy starring Michael Douglas and Diane Keaton, *_ Goes* (3,2,2)

31 An ensemble cast features in the anthology, *_ I Love You* (3,4)

33 One half of indie duo She & Him and *New Girl* actress, Zooey _ (9)

34 *Scandal* star married to Ellen DeGeneres, Portia de _ (5)

DOWN

1 Financier who has children with model Elle Macpherson and actress Uma Thurman, _ Busson (5)

2 Action film based on a best-selling video game, *Need _ Speed* (3)

3 Movie version of a John Green novel, *The Fault _ Stars* (2,3)

4 Complete strangers tie the knot in *Married at First _* (5)

5 Show with contestants from *The Block* and *House Rules*, *_ Rumble* (4)

6 WWI drama with Alicia Vikander and Kit Harington, *_ of Youth* (9)

8 Celebrities play themselves in *This Is the _* (3)

10 *Birdman* and *Aloha* actress, Emma _ (pictured) (5)

12 *Mean Girls* star _ Gasteyer appears in *Paul Blart: Mall Cop 2* (3)

15 *CSI: Miami* actor, _ Cibrian (5)

16 *The Man from U.N.C.L.E.* and *The Lone Ranger* star, _ Hammer (5)

17 Perth-born supermodel with daughter Naia (5,4)

20 Drama set in 1940s Los Angeles, *Gangster _* (5)

22 Jesse Eisenberg crime caper, *_ You See Me* (3)

25 US model who stars in *The Other Woman*, Kate _ (5)

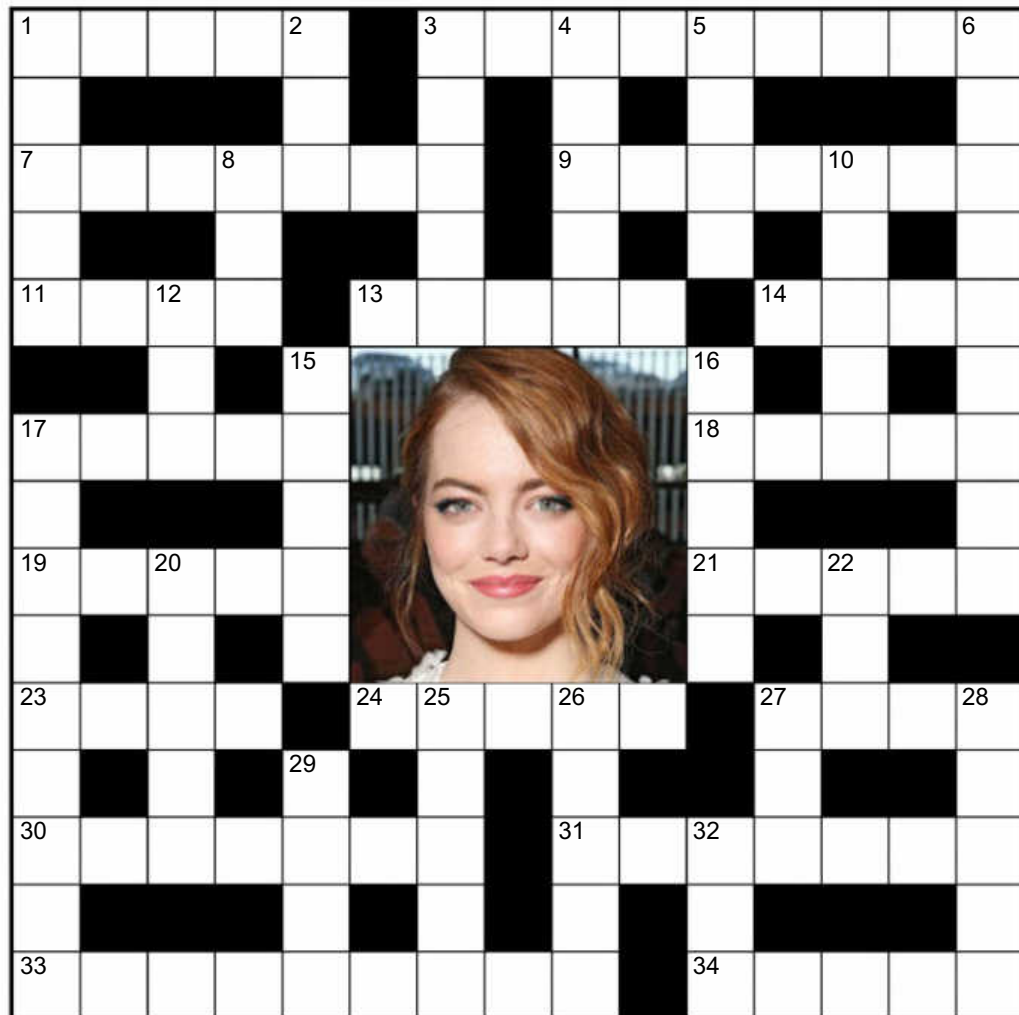
26 Supernatural horror film series, *_ Destination* (5)

27 Jason Statham and Melissa McCarthy comedy (3)

28 Ian Somerhalder's wife, _ Reed (5)



29 Kaley Cuoco's co-star in *The Wedding Ringer*, _ Gad (4)

32 Zombie film with Brad Pitt as a UN investigator, *World _ Z* (3)



HOLLYWORD

WRITE YOUR ANSWERS IN THE DIRECTION OF THE ARROWS. THE COLOURED SQUARES, READ IN ORDER, WILL REVEAL THE NAME SHARED BY THE PICTURED STARS' DAUGHTERS (5)

Zagreb's country		Pictured Ms Barrymore		Farm building	Janet Jackson's sister (2,4)		The Rum ___, 2011 film		Kiss and cuddle		Plus		
							Pictured Ms Fisher						
On account of (5,2)		Pub		___ Pearce, actor	Groups						Wood decay (3,3)		
							Cross, crucifix						
Showy garden flower	Indian Ocean region (7,3)		Ask for		Child's toy on a string (2-2)					___ Planet, Mars			
					Cut to pieces	Possessors	Sob						
TV quiz, eg (4,4)		Mad ___: Fury Road, movie		Cuts		Alternative					Oceania island group		
							Willing to change	Compliant					Soothes
													Relinquish, hand over
Simon ___, Aussie actor						Grandma							Poems
			Annoyed						Resulted in	Smoothed (your nails)			
Half a dozen		Preceded			Competitions for runners						Range of singing voice	___ Penn, actor	Part of the face
			New York's country (1,1,1)		Adam's rib	Petty quarrel				Long-eared animals			
___ Lee, Hulk director		Application				Denies access to	Wrestle					Citrus-flavoured brew (5,3)	Boy child
				Las ___, gambling city					Frenzied	Stories, legends			
Entreats		Uppermost point					Cot			___ Direction, pop group			Without principles
						Chillier					Fails to interest	Iron ___, superhero film	
						Purchase	Annoying bark		Roman gown	Hollow roar			Infants
								Uproar (2-2)				Negative word	
						Matt ___, Elysium actor				Imitative of the recent past			
							Make a donation				Ingest		
						Agent	Trench coat			Makes airtight			

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Horoscopes



**LEA
MICHELE**
celebrates her
29th birthday
on August 29

VIRGO

AUG 24 - SEP 23

Things should be humming along nicely thanks to all the support you're getting from the universe - although Jupiter has a tendency for stirring things up! Prepare for a positive year ahead by clearing the negatives from your life and trying to meet others halfway.

This week's mantra:
Time for clear-thinking.

LIBRA

SEP 24 - OCT 23

Positive energy surrounds you this week, making now an ideal time to get something off your chest. Speaking your mind can be challenging, but will prove beneficial in the long run.

Focus on what you want, regardless of whether others approve of your choices.

This week's mantra:
It's my time.

SCORPIO

OCT 24 - NOV 22

There's a lot happening this week, and you'll need to make some very clear-cut decisions. Change is in the air, and it could affect any area of your life, from relationships to living arrangements. If you do decide to move, make sure you're doing it for the right reasons.

This week's mantra:
I know what I want.

SAGITTARIUS

NOV 23 - DEC 21

A powerful energy will have far-reaching effects across all areas of your life. You may have a serious case of itchy feet, making travel or a change of scene highly desirable. Don't allow others to influence your decisions - you'll come out on top by doing what feels right.

This week's mantra:
I trust myself.

CAPRICORN

DEC 22 - JAN 20

Expect the unexpected thanks to Jupiter activating your positive earth energy. Use this time to decide what you want, and say no to anything that you don't. Some people will have their noses out of joint by your attitude, but don't let them dampen your enthusiasm.

This week's mantra:
I choose my own path.

AQUARIUS

JAN 21 - FEB 19

Every now and then, you need to clear your life of people and situations that no longer work.

If you feel like you've been stuck in a rut, it's time to change that. Life is all about making the right moves at the best time. By trusting your gut instinct, you'll make the right choices.

This week's mantra:
It's crunch time.

PISCES

FEB 20 - MAR 20

At the end of this week you'll have the courage to walk away from unsatisfactory situations.

Don't waste time trying to explain yourself or justify your actions. Likewise, be clear on what works in your relationships and don't compromise or give in to guilt trips.

This week's mantra:
I won't sell myself short.

ARIES

MAR 21 - APR 20

You'll be bursting with inspiration this week - make sure you write those life-changing epiphanies down before you forget them! Unresolved issues need to be seen for what they are. Once you've dealt with them, you'll free yourself of all that angst.

This week's mantra:
Time to live burden-free.

TAURUS

APR 21 - MAY 21

Upsetting the status quo isn't new for you, but those around you will be more sensitive than usual, so tread carefully. If you plan to take action regarding a difficult situation, be aware that not everyone will have your back. By taking responsibility, you'll regain control.

This week's mantra:
I consider others.

GEMINI

MAY 22 - JUN 21

You'll be feeling dissatisfied with things this week. Rather than sitting back and waiting for others to change, take some time out to reassess and you'll put yourself in a much better head space. If others have a problem with your choices, that's their problem.

This week's mantra:
I don't need approval.

CANCER

JUN 22 - JUL 23

Being clear about past issues is important as a new cycle of energy prepares to enter your sign. If things haven't been working in your favour, now is the time to turn things around. Knowing who you are and what you want is very important, as it will help shape your outcomes.

This week's mantra:
I know who I am.

LEO

JUL 24 - AUG 23

Many of you will find yourselves in a strange place emotionally, thanks to Jupiter's lasting influences. On the plus side, now's the ideal time to put a new strategy in place and head in an exciting new direction. As all areas of your life begin to fall into place, it's time for action.

This week's mantra:
Timing is everything.

F FOLLOW TEYMARA ON FACEBOOK FOR DAILY MANTRAS, INSIGHTS AND MORE, FACEBOOK.COM/TEYMARA.ANTONIOWRIGHT

SLEEK STYLING

Introducing the NEW ghd platinum®, a ground-breaking styler that takes the guilt out of heat styling. ghd platinum® works effectively to create any style, without compromising the health of your hair*.

VISIT GHDHAIR.COM/AU/GHD-PLATINUM TO LEARN MORE.

RRP \$315. AVAILABLE AT SALONS, MECCA AND ONLINE AT GHDHAIR.COM

Results based on tri-zone® technology:

*vs a styler working at 230°C **vs untreated hair
*2x more colour integrity vs a styler working at 230°C



ENJOYING A WINTER'S NIGHT IN?

New Campbell's Simply Soup is the simplest solution to a delicious meal packed with veggies. Try them all for up to six serves of veg delivered in one deliciously smooth, simple soup. Proudly made in Australia.

VISIT WWW.CAMPBELLSKITCHEN.COM.AU

INSTANT MEMORIES

The awesome little Instax Mini 8 camera comes in a compact body in a variety of cute shades, and will help you record your most memorable moments in an instant. Great for selfies, scrapbooking, parties and special occasions, this little conversation starter is instant photo fun!

RRP \$99 EACH. VISIT WWW.FUJIFILM.COM.AU/STORE-LOCATOR OR WWW.FUJIFILM.COM.AU/PRODUCTS/INSTANT_PHOTO



Fab buys

Everything the OK! girl needs right now!



BOLD, GLOSSY COLOUR

Let your lips shine with the next generation of lip lacquer. Revlon Ultra HD™ Lip Lacquer provides lips with the bold colour of a lipstick, high-impact shine of a lip gloss and the moisture of a balm! Revlon's unique high-density gel base formula gives lips brighter, bolder, more intense colour with a high-shine finish and a moisturising, lightweight feel.

VISIT REVLOM.COM.AU

RADIANT SKIN

New Palmolive Body Polish contains real kiwifruit and apricot seeds, which gently exfoliate for softer, radiant skin. The formula is infused with naturally derived superfruit extracts containing antioxidant properties.

VISIT WWW.PALMOLIVE.COM.AU



SPARKLING CLEAN

Make your kitchen sparkle with the latest creation from Pine O Clean – Kitchen Expert Surface Spray with Pomegranate Blossom. Its Total Shine System is the ultimate in grease-cutting power for a brilliant shine. Available at all leading supermarkets.

RRP \$4.99 VISIT WWW.PINEOCLEAN.COM.AU

THE BUZZ

YOUR ONE-STOP SHOP FOR THE BEST
GOSSIP OF THE WEEK

9.00PM

Mariah arrived an hour-and-a-half behind schedule



JAMES
IS THE
ULTIMATE
FAN
BOY

9.10PM

James was soon out of his seat and ready for a dance



9.20PM

He couldn't take his eyes off her all night



9.40PM

At one stage, the millionaire even nibbled his fingernails in giddy excitement



MARIAH'S

#1 FAN

BUSINESSMAN JAMES PACKER TURNS FANGIRL AT HIS LADY LOVE'S CONCERT

James Packer and his Dream Lover, Mariah Carey, were spotted in Tel Aviv, Israel, on August 18, where Mariah performed for the first time in her 25-year career. And just like a besotted school boy, James danced and gazed on adoringly from the sidelines.

At one stage, Mariah brought the concert to a screeching halt. 'Whoever is smoking, please don't smoke... Smoke whatever else you want, but tobacco kills my voice.'

But she soon returned to form, flashing a flirty glance at James as she sang 'glad I found you', prompting friend Brett Ratner to give him a congratulatory pat on the back.

'She's a genius and has had more number one singles than any other artist,' James gushes. 'I mean who else is there? There is Barbra Streisand, Whitney Houston and Mariah Carey. I'm not saying there is anything wrong with Madonna... but those three can sing five octaves. Madonna can't.'





GIGI HADID



KARLIE KLOSS



CALVIN HARRIS



LITTLE MIX



JOE JONAS



CARA DELEVINGNE



ONE DIRECTION

TEAM
TAYLOR



VMA SMACK DOWN

With the MTV VMAs days away, Taylor Swift is recruiting *Bad Blood* hotties to face off against her industry enemies. 'Taylor would love to have all of her girls that did the video with her - Karlie, Cara, Gigi, Selena [Gomez], a friend spills, and she'll also have beau Calvin Harris and Gigi's boy Joe Jonas. On the other side of the room will be Zayn Malik - the latest celeb to hate on Tay - with Katy Perry and Nicki Minaj also on hand to shoot daggers. Pass the popcorn!



TEAM
KATY



MILEY CYRUS



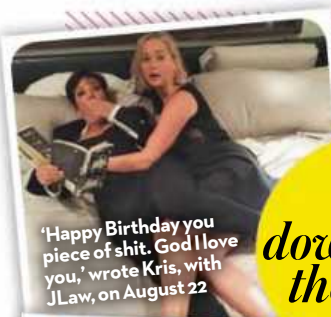
ZAYN MALIK



NICKI MINAJ



KANYE WEST



'Happy Birthday you piece of shit. God I love you,' wrote Kris, with JLaw, on August 22

I'm
down with
the kids'

YOU CAN'T SIT WITH
KRIS... UNLESS
YOU'RE FAMOUS

In a recent episode of *Keeping Up with Kris*, the mumager randomly boasted about her friendship with Jennifer Lawrence. The 59-year-old adds JLaw to the long list of celebs, including Justin Bieber and Selena Gomez, who are splashed across her Insty account.



'Thanks for the amazing sunnies @justinbieber'



'My travel buddy @selenagomez'



'Reunited' says Flynn of this shot with the Princess



It feels like yesterday! Flynn on his way to school in 2011

Elle Macpherson's son IS ALL GROWN UP!

It's hard to believe Elle's lookalike son Flynn Busson is 17 years old. But what's more astonishing is the scantily clad company he keeps. The cashed-up teen is thought to have spent his summer getting the royal treatment care of Princess Olympia of Greece, cruising her country's party islands while taking in the most spectacular of 'views'...

THE BUZZ

Crikey! BINDI CAN DANCE

Bindi Irwin will trade her khakis for sequins when she hits the d-floor for the new season of *Dancing With The Stars* in the US. The 17-year-old told Insty fans that she was 'ready to fall in love with the music and dance to come,' after she was announced as the show's first celeb cast member. No doubt her new beau Chandler Powell will be cheering her on!



Guess WHO?

The daughter of Hollywood royalty, this starlet has completely transformed the lower part of her face by reshaping her jaw/chin, capping her teeth and adding lip injections to turn her 'tiny, heart-shaped pout into a wider, fatter smile,' says *Blind Gossip*.



Highest paid actresses

WATCH OUT, BOYS! THESE TALENTED LADIES ARE TAKING OVER HOLLYWOOD - AND RAKING IN THE BIG BUCKS



A-list Photo Album

Aww! Stars share their favourite moments



Three's definitely a crowd as George Clooney photo-bombs Cindy Crawford and hubby Rande Gerber



'My mom would always dress up my sister and I as #Twins,' Paris Hilton reveals



'Suave as heck,' Zoë Foster Blake says of her little boy Sonny in his smart jumper



Kris Smith gushes that working with his model mate Rachael Finch is 'absolute fun & [a] pleasure'

WEEK ON THE WEB



'Bike, ponytail, jean shirt, black jeans I think someone is trying to be like daddy... Off my bike Mr Romeo,' David Beckham warns his son!



The good times continue to roll for newlywed Ricki-Lee who is 'Druuuuuunk In Looooooooooooooooove!!!!!!'



Britney Spears took time out from her superstar existence to live 'the mermaid life' with sons Sean and Jayden



Amanda Seyfried keeps a close eye on her pooch Finn. 'Overbearing mother,' she writes

The OK! AWARDS



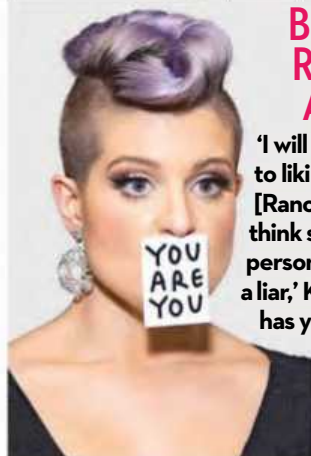
SURPRISE CELEB FEEDER

'My diet goes out the window at Jennifer and Justin's place. They cook up a storm,' Courteney Cox reveals of her BFF Jennifer Aniston.



BROKEN RECORD AWARD

'I will never admit to liking Giuliana [Rancic]. I don't think she's a good person and... she's a liar,' Kelly Osbourne has yet another go at her former Fashion Police co-host.



DOUCHEBAG AWARD

Made in Chelsea's Alex Mytton (inset) doesn't like being compared to crooner Robin Thicke. 'I always get told I look like [him]. We were in Boa and he was on the next table with models eating sushi off his chest. He's a bit of a dick.'



TEXT BY PENELOPE KILBY
PHOTOGRAPHS BY INF, NEWSPIX, SNAPER, SPLASH



LILY DONALDSON
Err, keep your eyes straight ahead, mister!



TAYLOR SWIFT
Wonder what Tay Tay's boyfriend Calvin Harris would say about this...

EMILY RATAJKOWSKI
'Not bad...' The *Gone Girl* beauty receives the stamp of approval!



KIM KARDASHIAN
Well, to be fair it's hard NOT to look at Kim's famous booty!



REESE WITHERSPOON
The *Legally Blonde* superstar totally knows she's killing it!



EMMY ROSSUM
Even dressed down and off duty, Emmy is still a head-turner!

UH-OH... *Busted!*

JUST WHEN THESE GUYS THOUGHT IT WAS SAFE TO TAKE A CHEEKY PERVE, THEY'VE BEEN SNAPPED!

PHOTOGRAPHS BY INF, SCOPE

KATE, TIM & MARTY

4-6PM WEEKDAYS



NOVA



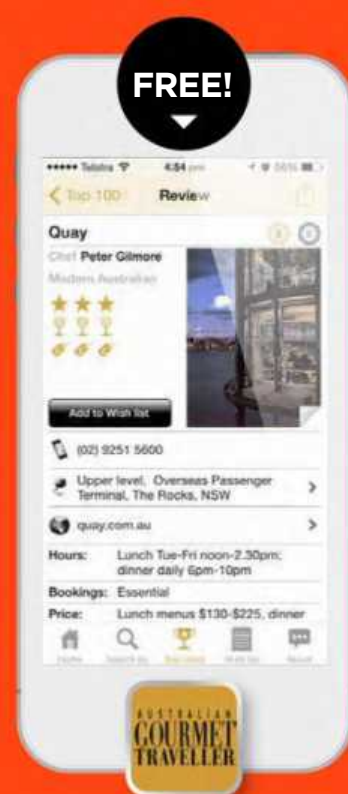
Cosmo TV



Dolly Doctor



Harper's Bazaar TV



Gourmet Traveller Restaurant Guide 2014



Gourmet Fast



TV Week



Rugby League Week +



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